

Kathryn Rosales Gallardo, PHD, LMSW, MSSW

Assistant Professor

Department of Health Promotion and Behavioral Sciences

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ACADEMIC APPOINTMENTS

2022-	Assistant Professor , Department of Health Promotion and Behavioral Sciences, The University of Texas Health Science Center at Houston (UTHealth) School of Public Health, Houston, TX
2021-2022	Faculty Associate , Department of Health Promotion and Behavioral Sciences, The University of Texas Health Science Center at Houston (UTHealth) School of Public Health, Houston, TX

EDUCATION

2020	PhD	Public Health; Behavioral Sciences	UTHealth Houston School of Public Health, Houston TX
2012	MSSW	Social Work; Clinical Specialization	The University of Texas at Austin School of Social Work, Austin TX
2009	BA	Psychology	University of St. Thomas, Houston, TX

TRAINING

2023-2025	JEAP Initiative Trainee	The Initiative for Justice and Emerging Adult Populations Training Institute NIDA R24DA051950
2020-2021	Postdoctoral Research Fellow	Department of Health Promotion and Behavioral Sciences, UTHealth Houston School of Public Health, Houston, TX
2016	Archer Center Graduate Fellow	Archer Center Graduate Program in Public Policy, The University of Texas System, Washington, D.C.
2015-2016	CHPPR Predoctoral Fellow	Center for Health Promotion and Prevention Research, UTHealth Houston School of Public Health, Houston, TX

PROFESSIONAL LICENSURE

2012- **Licensed Master Social Worker** Texas State Board of Social Work
Examiners

AFFILIATIONS

2023- **Member**, Institute for Implementation Science
UTHealth Houston

2023- **Member**, The Consortium on Addiction Recovery Science
National Institute on Drug Abuse

2022- **Member**, UTHealth Center for Health Promotion and Prevention Research
UTHealth Houston School of Public Health

2022- **Member**, The University of Texas Opioid Response Consortium
The University of Texas at Austin

2022- **Member**, Texas Developmental Center for AIDS Research

2018- **Member**, American Public Health Association

RESEARCH GRANTS AND CONTRACTS – Under Review

Submission: 10/15/25
Title: **HEART: Housing Expansion for Access to Recovery for Texans**
Funder: Texas Opioid Abatement Fund Council
Mechanism: Targeted Strategy Grant: Recovery Housing Expansion
Amount: \$25,000,000 Total; \$21,739,130 Direct; \$3,260,869 Indirect
Role: MPI, 0.30 FTE; MPI: KR Gallardo, SA Rodriguez, JM Wilkerson

Submission: 06/15/2025
Title: **Project REACH Enhancing Emerging Adults' Engagement with and Retention in Recovery Housing**
Funder: NIDA
Mechanism: PAR-25-100: Pilot Health Services and Economic Research on the Treatment of Drug, Alcohol, and Tobacco Use Disorders (R34 Clinical Trial Optional)
Amount: \$720,000 Total; \$450,000 Direct; \$252,000 Indirect
Role: MPI (contact), 0.13 FTE; MPI: KR Gallardo, SA Rodriguez

RESEARCH GRANTS AND CONTRACTS – Funded and In Progress

Contract Date: 09/01/2025 – 08/30/2030
Title: **Housing for Opioid Medication Assisted Treatment Expansion Services (Project HOMES)**
Funder: Texas Health and Human Services Commission (HHS001645700001)

Mechanism: Texas Targeted Opioid Response Recovery Housing Grant Program
 Amount: \$21,652,325 Direct
 Role: Co-I, 0.90 FTE; MPI: JM Wilkerson, SA McCurdy

RESEARCH GRANTS AND CONTRACTS – Funded and Complete (previous 5 years)

Grant dates: 09/2024 – 08/2025
 Title: **Housing for Opioid Medication Assisted Treatment Expansion Services (Project HOMES)**
 Funder: Texas Health and Human Services Commission (HHS000563200001)
 Mechanism: Texas Targeted Opioid Response Recovery Housing Grant Program
 Amount: \$18,685,412 Direct
 Role: Co-I, 0.90 FTE; MPI: JM Wilkerson, SA McCurdy

Grant dates: 03/2023 – 12/2023
 Title: **Scientific Review of Opioid Abatement Strategies**
 Funder: Texas Comptroller of Public Accounts
 Mechanism: RFP No.227a Opioid Abatement Consulting Services for the Texas Comptroller of Public
 Amount: \$291,387 Direct; \$29,139 Indirect
 Role: Co-I, 0.10 FTE; PI: JM Wilkerson

Grant dates: 03/2024 – 08/2025
 Title: **Factors that Influence Emerging Adults' Access to and Retention in Recovery Housing: An Exploratory Study**
 Funder: NIDA
 Mechanism: Justice-Involved and Emerging Adult Populations Initiative Pilot Study Award
 Amount: \$10,000 Direct
 Role: PI: KR Gallardo (No cost)

RESEARCH GRANTS AND CONTRACTS – Did Not Fund (previous 2 years)

Submission: 07/31/2025
 Title: **Developing an Intervention to Support Emerging Adults' Engagement and Retention in Substance Use Recovery Housing**
 Funder: UTHHealth Houston School of Public Health
 Mechanism: PRIME Award, Preliminary Studies for New Investigators
 Amount: \$25,000 Total
 Role: PI, 0.20 FTE (No cost)

Submission: 05/06/25
 Title: **Pathways to certification and sustainable employment for the substance use peer workforce in central Texas**
 Funder: St. David's Foundation
 Mechanism: St. David's Foundation open call: Pathways to economic stability for healthcare workforce
 Amount: \$890,024 Total; \$706,368 Direct; \$183,656 Indirect (2-year award)
 Role: MPI, 0.15 FTE; MPI: JM Wilkerson, KR Gallardo, SA Rodriguez

Submission: 03/28/25
 Title: **Recovery Support Peer Specialists Training Program for Adolescent and Young Adult-Serving Paraprofessionals in Texas**
 Funder: Bureau of Health Workforce/HRSA/DHHS (BHW)
 Mechanism: Behavioral Health Workforce Education and Training Program for Paraprofessionals
 Amount: \$1,396,020 Total; \$1,292,604 Direct; \$103,416 Indirect
 Role: MPI, 0.08 FTE; MPI: JM Wilkerson, KR Gallardo

Submission: 02/05/2025
 Title: **Project Connect: A multicomponent healthy relationships program for people in recovery**
 Funder: NIDA
 Mechanism: PA-25-305 NIH Research Project Grant (Parent R01 Clinical Trial Required)
 Amount: \$3,908,814 Total; \$2,522,123 Direct
 Role: Co-I, 0.10 FTE; MPI: JM Wilkerson, SA Rodriguez

Submission: 08/30/2024
 Title: **Developing sustainable infrastructure for recovery support services throughout Texas**
 Funder: Texas Health & Human Services Commission; SAMHSA
 Mechanism: Texas Targeted Opioid Response and Peer Support and Recovery
 Amount: \$32,069,438 Total; \$31,896,588 Direct; \$1,720,850 Indirect
 Role: MPI, 0.30 FTE; MPI: JM Wilkerson, KR Gallardo, SA McCurdy, SA Rodriguez

PEER REVIEWED ORIGINAL RESEARCH ARTICLES – Published

* Indicates trainee; # Indicates joint first authors

1. **Gallardo KR**, Stewart HLN,* Pullin J, Wilkerson JM, Neubauer MG,* Kirzner SJ,* Thomas I,* Zoschke IN,* Rodriguez SA, McCurdy SA. (2025). Development and implementation of recovery housing policies and practices to support people taking medications for opioid use disorder. *Journal of Substance use and Addiction Treatment*. In press.
2. Obekpa EO, He X, Betancur A,* **Gallardo KR**, Rodriguez SA, McCurdy SA, Wilkerson JM. Situational confidence and recovery capital among justice-involved adults receiving MOUD in a jail-based setting. *Health and Justice*. In press.
3. Stewart HLN,* **Gallardo KR**, Niedenfuehr J,* Zoschke IN,* Wilkerson JM, Gillespie D,* Kaduri P, Rodriguez SA, McCurdy SA. (2025). The intersection of medications for opioid use disorder and mental health in substance use recovery housing in a US setting. *Journal of Drug Issues*, 00220426251346673.
4. Hibbard PF, Tice CW, Dewey JM, **Gallardo KR**, Tompkins J, Bell JS, ... & Sheidow AJ. (2025). Recovery housing and on-the-ground research priorities: a scoping study through the lens of community based participatory research. *Frontiers in Public Health*, 13, 1554344.
5. Zoschke IN,* **Gallardo KR**, Gillespie D,* et al. (2025). Sustaining substance use recovery housing for people taking medications for opioid use disorder: diverse funding, strategic partnerships, and charging rent. *Frontiers in Public Health*. 2025;13:1528971. doi:10.3389/fpubh.2025.1528971

6. Akkala S,* Mehta U, Nikhil Pavaskar R, **Gallardo KR**, Lewis J, McCurdy S, & Wilkerson JM. (2025). Alternative Peer Groups (APGs) in adolescent substance use disorder recovery: an insight into services and the need for robust infrastructure. *Journal of Substance Use*, 1–7.
7. Wilkerson JM, Atkinson J, Akkala S,* Zoschke IN,* Anosike MU, **Gallardo KR**, Rodriguez SA, Brown HS, Cazaban CG, Yang J, Herrera E, Howell J, McCurdy S. Recovery Residences Are an Innovative Site for HIV Prevention Interventions Targeting People Who Inject Drugs: Preliminary Data From Project HOMES. *AIDS Educ Prev*. 2024 Dec;36(6):403-414. doi: 10.1521/aeap.2024.36.6.403. PMID: 39705177.
8. Obekpa EO, McCurdy S, **Gallardo KR**, Rodriguez SA, Cazaban CG, Brown HS, Yang JJ, & Wilkerson J. M. (2024). Characteristics and Quality of Life for People Living with Comorbid Disorders in Substance Use Recovery Residences. *Frontiers in Public Health*, 12, 1412934.
9. Wilkerson JM, **Gallardo KR**, Rodriguez SA, Brown HS, Ganduglia Cazaban C, Yang J, Herrera E, Zoschke I.N.,* Stewart H,* McCurdy SA. (2024). Expansion and evaluation of Level II and III recovery residences for people taking medications for opioid use disorder: Project HOMES (Housing for MAR Expanded Services) study protocol. *BMJ Open*, 14(11), e084115.
10. **Gallardo KR**, Zoschke IN,* Stewart HLN,* Wilkerson JM, Henry EA, McCurdy SA. (2024). Supporting medication- assisted recovery in recovery residences: staff support, managing built environment threats, and building a supportive network. *Am J Drug Alcohol Abuse*. 2024;50(5):739-747. doi:10.1080/00952990.2024.2401983.
11. Stewart HLN,* Wilkerson JM, **Gallardo KR**, et al. "And Now that I Feel Safe...I'm Coming Out of Fight or Flight": A Qualitative Exploration of Challenges and Opportunities for Residents' Mental Health in Substance Use Recovery Housing. *Community Ment Health J*. 2024;60(8):1484-1492. doi:10.1007/s10597-024-01301-7.
12. **Gallardo KR**, Wilkerson JM, Stewart HLN,* Zoschke IN,* Isaacs CF,* & McCurdy SA. (2024). “Being here is saving my life”: Resident experiences of living in recovery residences for people taking medication for an opioid use disorder. *Journal of Substance Use and Addiction Treatment*, 158, 209242.
13. Obekpa EO,* McCurdy SA, Schick V, Markham CM, **Gallardo KR**, & Wilkerson JM. (2023). Health-related quality of life and recovery capital among recovery residents taking medication for opioid use disorder in Texas. *Frontiers in Public Health*, 11, 1284192.
14. Obekpa EO,* McCurdy SA, Schick V, Markham C, **Gallardo KR**, & Wilkerson JM (in press). Situational confidence and recovery capital among recovery residents taking medications for opioid use disorder in Texas. *Journal of Addiction Medicine*, 17:6, 670-676. doi: 10.1097/ADM.0000000000001206
15. Adzrago D,* Obekpa EO,* Suragh TA, John ER, Yeh PG, **Gallardo KG**, & Wilkerson JM. (2022). Kratom use domains and their associations with co-occurring substance use and mental health disorder symptoms during the COVID-19 pandemic. *Drug and alcohol dependence*, 239, 109605.
16. **Gallardo KR**, Narendorf SC, Markham CM, Swartz MD, & Santa Maria D. (2023). Hidden champions: Exploring supportive family relationships of youth experiencing homelessness. *Child & Family Social Work*, 28(1), 248-257.

17. **Gallardo KR**, Santa Maria D, Narendorf S, Markham CM, Swartz MD, & Batiste CM. (2020). Access to healthcare among youth experiencing homelessness: Perspectives from healthcare and social service providers. *Children and Youth Services Review*, 115, 105094.
18. **Gallardo KR**, Santa Maria D, Narendorf S, Markham CM, Swartz MD, Hsu HT, ... & Ferguson K. (2020). Human papillomavirus vaccination initiation and completion among youth experiencing homelessness in seven US cities. *Prevention Science*, 21(7), 937-948.
19. Daundasekara SS, **Gallardo KR**, Maria DS, Hernandez DC, Truong C, Yip M, ... & Businelle MS. (2019). Shelter service utilization among adults experiencing homelessness. *Health Behavior and Policy Review*, 6(2), 128-139.
20. Santa Maria D, **Gallardo KR**, Narendorf S, Petering R, Barman-Adhikari A, Flash C, Hsu H, Shelton J, Ferguson K, & Bender K. Implications for PrEP uptake in young adults experiencing homelessness: A mixed methods study. *AIDS Education and Prevention*, 31 (1), 63-81.
21. Fernandez-Esquer ME, **Gallardo KR**, & Diamond PM. (2018). Predicting the influence of situational and immigration stress on Latino day laborers' workplace injuries: A structural equation model. *Journal of immigrant and minority health*, 21(2), 364-371.
22. Santa Maria D, Padhye N, Yang Y, **Gallardo K**, & Businelle M. (2018). Predicting sexual behaviors among homeless young adults: Ecological momentary assessment study. *JMIR Public Health and Surveillance*, 4(2), 39.
23. Santa Maria D, Hernandez DC, Arlinghaus KR, **Gallardo KR**, Maness SB, Kendzor DE, ... & Businelle MS. (2018). Current age, age at first sex, age at first homelessness, and HIV risk perceptions predict sexual risk behaviors among sexually active homeless adults. *International journal of environmental research and public health*, 15(2), 218.
24. Santa Maria D, Padhye N, Yang Y, **Gallardo K**, Santos GM, Jung J, & Businelle M. (2018). Drug use patterns and predictors among homeless youth: Results of an ecological momentary assessment. *The American Journal of Drug and Alcohol Abuse*, 44(5), 551-560.
25. Wilkerson JM, **Gallardo KR**, Butame SA, Hoelscher DM, Reininger B, & Shegog R. (2017). Increasing doctoral students' self-efficacy to teach health promotion theory. *Pedagogy in Health Promotion*, 3(4), 255-264.

PEER REVIEWED PUBLISHED ABSTRACTS

*Indicates trainee

1. Zoschke IN,* Gillespie D,* Stewart H,* **Gallardo KR**, Rodriguez SA, Wilkerson JM, McCurdy SA. (2024). Staff perceptions on how to sustain substance use recovery housing for people taking medications for opioid use disorder [abstract]. SBM Annual Meeting Abstracts Supplement, Annals of Behavioral Medicine, 58 (Suppl 1): S1-S705. doi: 10.1093/abm/kaae014.

2. **Gallardo KR**, Santa Maria D, Markham CM, Narendorf S, Swartz MD, Barman-Adhikari A, & Hsu HT. (2019). Human papillomavirus vaccination uptake among homeless young adults. SBM Annual Meeting Abstracts Supplement, Annals of Behavioral Medicine, 53, S278-S278.
3. Santa Maria D, Padhye N, Yang Y, **Gallardo K**, Businelle M. (2018). Predicting sexual behaviors among homeless young adults using ecological momentary assessment: Results from Project Youth EMA [abstract]. SBM Annual Meeting Abstracts Supplement, Annals of Behavioral Medicine, 52, S741-S741.

RESEARCH AND TECHNICAL REPORTS

*Indicates trainee

1. Wilkerson JM, **Gallardo KR**, Brown HS, Rodriguez SA, Farahani F, Stewart HN,* Betancur A,* Wheeler S, Kirzner SJ,* Herrera ER, McCurdy SA. (2025). (rep.). Housing for Opioid Medication- Assisted Recovery (MAR) Expanded Services: A Collaboration between UTHHealth Houston and Local Community Partners to Operate and Evaluate State- Certified, No-Cost MAR Residences in Texas. Houston, Texas: The University of Texas Health Science Center at Houston, School of Public Health.
2. Wilkerson JM, **Gallardo KR**, Stewart HLN* Rodriguez SA, Kirzner* SJ, Herrera ER, Betancur A,* Zoschke IN,* Brown HS, Ganduglia Cazaban CM, Whigham L, Yang J, & McCurdy SA. (2024). (rep.). Housing for Opioid Medication-Assisted Recovery Expanded Services. Houston, Texas: The University of Texas Health Science Center at Houston, School of Public Health.
3. Flores-Thorpe S, Kelder S, Wilkerson JM, McCurdy S, **Gallardo KR**, Zhang Y, Handler K, Linton R, Menendez T, van den Berg AE, Hoelscher DM. 2024. Opioid Misuse Treatment and Prevention. A report of the Texas Research-to-Policy Collaboration Project. Published July 17, 2024.
4. Rodriguez SA, Wilkerson JM, McCurdy SA, **Gallardo KR**, Herrera ER. (Jan 2024). (report). Literature review of the evidence supporting opioid abatement strategies: A report to the Texas Comptroller of Public Accounts Opioid Abatement Fund Council. Dallas, TX: The University of Texas Health Science Center at Houston, School of Public Health.
5. Wilkerson JM, **Gallardo KR**, Stewart HL,* Zoschke IN,* Herrera ER, Brown HS, Ganduglia Cazaban CM, Krause T, Whigham L, Yang J, & McCurdy SA. (2023). (rep.). Housing for Opioid Medication Assisted Recovery Expanded Services. Houston, Texas: The University of Texas Health Science Center at Houston, School of Public Health.
6. Wilkerson JM, Rodriguez SA, McCurdy SA, **Gallardo KR**, & Herrera ER. (2023). (rep.). Density and Capacity of Substance Use Service Providers in Texas: A Report to the Texas Comptroller of Public Accounts Opioid Abatement Fund Council. Houston, Texas: The University of Texas Health Science Center at Houston, School of Public Health.
7. Wilkerson JM, Rodriguez SA, McCurdy SA, **Gallardo KR**, & Herrera ER. Density and capacity of substance use service providers in Texas: A preliminary report to the Texas Comptroller of Public Accounts Opioid Abatement Fund Council. The University of Texas Health Science Center at Houston School of Public Health, Center for Health Promotion and Prevention Research, Team CoLab (2023).

8. Wilkerson JM, Stewart H,* **Gallardo KR**, Adzrago D,* Isaacs C,* Zoschke N,* Herrera E, Brown HS, McKenny E, & McCurdy S. Housing for opioid MAR expanded services annual evaluation report. The University of Texas Health Science Center at Houston School of Public Health (2022).
9. Wilkerson JM, **Gallardo KR**, & McCurdy S. Housing for opioid MAR expanded services annual evaluation report. The University of Texas Health Science Center at Houston School of Public Health (2021).

PEER REVIEWED ORAL AND POSTER PRESENTATIONS

* Indicates trainee; † Indicates presenting author if not first author

International

1. Wilkerson JM, **Gallardo KR**, Stewart HLN,* Rodriguez SA, Betancur A,* & McCurdy SA. People in Substance Use Recovery Can Benefit From Healthy Relationship Education. International Academy of Sex Research Annual Meeting, Portland, ME, June 23-26, 2025. Poster Presentation.
2. Wilkerson JM, **Gallardo KR**, Zoschke IN,* Stewart HLN,* Betancur A,* Rodriguez SA, & McCurdy SA. Sexual Health Concerns of People Taking MOUD and Living in a Level II or III Recovery Residence. College on Problems of Drug Dependence Annual Meeting, New Orleans, LA, June 14-18, 2025. Poster Presentation.
3. **Gallardo KR**, Wilkerson JM, Zoschke IN,* Stewart HLN,* Henry EA, McCurdy SA. Resident Perspectives on How Recovery Residences Promote Medications for Opioid Use Disorder Initiation and Support the Medication-Assisted Recovery Pathway. The College on Problems of Drug Dependence Annual Meeting, Montreal, Canada, June 15-19, 2024, Poster presentation.
4. Wilkerson JM, Ganduglia Cazaban CM, Hansen RM, Schaefer, Caroline M, Caballero Elizabeth M, Adzrago D,* **Gallardo K**, McCurdy SA. Prevalence of secondary health diagnoses among persons presenting in Texas hospitals with an opioid or stimulant diagnosis compared to general population. College on Problems of Drug Dependence Conference, Denver, Colorado, June 17-21, 2023. Oral presentation.
5. Obekpa EO,* McCurdy SA, Adzrago D,* **Gallardo K**, Wilkerson JM. Effects of comorbid health conditions on health-related quality of life among recovery residents with an opioid use disorder in Texas. College on Problems of Drug Dependence Conference, Denver, Colorado, June 17-21, 2023. Poster presentation.
6. Wilkerson JM, Ganduglia Cazaban CM, Hamden R, **Gallardo K**, Adzrago D, Brown HS, Yang JJ, & McCurdy SA. Prevalence of comorbid health diagnoses by body systems of persons presenting in Texas hospitals with a substance use diagnosis. The College on Problems of Drug Dependence, Minneapolis, Minnesota, June 11-15, 2022. Poster presentation.

National

1. Stewart HLN, Ramphul RC, Brown S, Akkala S, Kirzner S, **Gallardo KR**, Rodriguez SA, , Kirzner S, Wilkerson JM, McCurdy SA. “Not in my backyard” vs “what’s in my backyard:” Community, policy, and implementation implications when neighborhoods and recovery residences influence one another. Annual

Conference on the Science of Dissemination and Implementation in Health, National Harbor, MD, December 14-17, 2025, Poster Presentation.

2. **Gallardo KR**, Stewart HLN, Rodriguez SA, Pullin J, Thomas IM, Zoschke IN, Kirzner S, Neubauer MG, Wilkerson JM, McCurdy SA. Project HOMES: Identifying and addressing implementation barriers to medication for opioid use disorder in recovery residences in real time. Annual Conference on the Science of Dissemination and Implementation in Health, National Harbor, MD, December 14-17, 2025, Poster Presentation.
3. **Gallardo KR**, Stratemann C, Farahani F, Stewart HLN, Rodriguez SA, McCurdy SA, Herrera ER, and Wilkerson JM. An Innovative Setting for Supporting Emerging Adults' Recovery and Engagement in Medication for Opioid Use Disorder Treatment. American Public Health Association, Washington, DC, November 2-5, 2025, Poster Presentation.
4. **Gallardo KR**, Stewart HLN, Pullin J, Wilkerson JM, Neubauer M, Kirzner SJ, Thomas I, Zoschke IN, Rodriguez SA, McCurdy SA. Policies and Practices for Integrating Medications for Opioids Use Disorder into Recovery Housing. 2025 Association for Multidisciplinary Education and Research in Substance use and Addiction (AMERSA) Conference, Portland, OR, November 13-15, 2025. Poster Presentation.
5. Betancur A.* Malish CW, Fuller E, Kube E, He X, Harper-Davis H, **Gallardo KR**, Rodriguez SA, McCurdy SA, Wilkerson JM. Cross-sectional study on the psychosocial correlates on sobriety intentions among incarcerated individuals with opioid and alcohol use disorder from a detention center in southeast Texas. 2025 National Conference on Addiction Recovery Science, April 23-24, 2025. Poster Presentation.
6. **Gallardo KR**, Wilkerson JM, Stewart HLN*, Kirzner SJ*, Rodriguez SA, McCurdy SA. Recovery Residences Serving People taking MOUD across Texas: Key Findings from Project HOMES. 2025 National Conference on Addiction Recovery Science, April 23-24, 2025. Oral Presentation.
7. **Gallardo KR**, Farahani F, Rodriguez SA, Stewart HLN*, McCurdy SA, Wilkerson, JM. Emerging adults taking MOUD and utilizing recovery housing: Characteristics and key considerations. 2025 Joint Meeting on Youth Prevention, Treatment, and Recovery, March 18-20, 2025, Baltimore, Maryland. Oral Presentation.
8. Sheidow A, **Gallardo KR**,† Drazdowski T, Perry M. The future of emerging adult substance use research. 2025 Joint Meeting on Youth Prevention, Treatment, and Recovery, March 18-20, 2025, Baltimore, Maryland. Oral Presentation.
9. Rodriguez SA, **Gallardo KR**, Zoschke IN,* Stewart HLN,* Wilkerson JM,* McCurdy SR.* Enhancing the adoption, implementation, and sustainment of policies supporting MOUD use in recovery homes: The role of Implementation Science. 13th Annual Collaborative Perspectives on Addiction Conference hosted by the Society of Addiction Psychology, April 3-5, 2025, Providence, Rhode Island. *joint senior authors
10. Paman E, Flinn RE, **Gallardo KR**, Drazdowski TK, JEAP Community Boards, & JEAP Investigators. (2024, April). Advancing community-based participatory research on recovery support services: Emerging topics. 2024 National Conference on Addiction Recovery Science. Oral Presentation.
11. McCurdy SA, Stewart HLN,* Zoschke IN,* Gillespie D,* Wilkerson JM & **Gallardo KR**. The essential ingredient of caring support in medically assisted recovery inclusive residences: Testimonies from 14 residences in five urban areas in Texas. APHA, October, 27-30, 2024, Oral Presentation.

12. Gillespie D,* **Gallardo KR**, Zoschke IN,* Stewart HLN,* Rodriguez S, Wilkerson JM & McCurdy SA. Staff Perspectives on Resident Needs in Recovery Homes Serving People Taking Medication for Opioid Use Disorder. American Public Health Association, October, 27-30, 2024, Poster Presentation.
13. **Gallardo KR**, Wilkerson JM, Stewart HLN,* Zoschke IN,* Gillespie D,* Rodriguez SA, McCurdy SA. Emerging adults' experiences of recovery supportive peers in recovery residences. 2024 Joint meeting on Youth Prevention, Treatment and Recovery, Baltimore, MD, March 18-20. Poster presentation.
14. McCurdy S, **Gallardo KR**, Stewart H,* Zoschke IN,* Wilkerson JM. Housing and recovery journeys of people in medically assisted recovery: Stories from five urban areas in Texas. American Public Health Association. Atlanta, GA, November 12-15, 2023. Oral presentation.
15. Stewart H,* Wilkerson JM, **Gallardo KR**, Zoschke IN,* McCurdy S. "We would never want our house managers to play therapist": Managing the mental health of recovery home residents using Medication-Assisted Recovery (MAR). American Public Health Association. Atlanta, GA, November 12-15, 2023. Poster presentation.
16. **Gallardo KR**, Wilkerson JM, Stewart H,* Zoschke IN,* & McCurdy S. Residents' feelings, reactions, and experiences related to recovery residences' policies around accessing and taking their medication for opioid recovery. American Public Health Association, Atlanta, GA, November 12-15, 2023. Poster presentation.
17. Wilkerson JM, Atkinson J, Zoschke IN,* **Gallardo K**, Stewart H,* & McCurdy S. Recovery Residences: A Novel Venue for HIV-Prevention Among Former Injection Drug Users. Society of Public Health Education Annual Conference, Atlanta, GA, March 21-24, 2023. Oral presentation.
18. **Gallardo KR**, Wilkerson JM, Stewart H,* Zoschke N,* Isaacs C* & McCurdy S. Recovery Residences for People taking Medication for Opioid Use Disorder: Residents' Perceptions and Experiences. American Public Health Association, Boston, MA, November 6-9, 2022. Poster presentation.
19. McCurdy SA, **Gallardo KR**, † Stewart H,* Isaacs C,* Zoschke N,* Howell J, Herrera E, & Wilkerson JM. The need for MOUD recovery residences: MOUD-friendly recovery residences reduce stigma and support recovery: Qualitative findings from Project HOMES. National Association of Recovery Residences Best Practices Summit, Richmond, VA, October 24-26, 2022. Oral presentation.
20. McCurdy S, **Gallardo K**, Stewart H,* Zoschke N* and Wilkerson JM. Opening Opioid Recovery Residences with Medication Assisted Treatment: Trials and Tribulations. Annual Meeting of the Society for Applied Anthropology, Salt Lake City, Utah, 22-26 March 2022. Oral presentation.
21. Lawler SM, Wilkerson JM, **Gallardo KR**, and McCurdy SA. Family resilience and the mental health of sexual and gender minority adolescents: A narrative analysis. Accepted at the American Public Health Association 2020 Annual Meeting & Expo, Oct. 24-28, Virtual Conference, presentation declined. Oral presentation.
22. **Gallardo KR**, Santa Maria D, Narendorf S, Markham C, & Swartz MD. Hidden champions: Exploring supportive family relationships of youth experiencing homelessness. American Public Health Association 2020 Annual Meeting & Expo, Oct. 24-28, 2020 Virtual Conference. Poster presentation.

23. **Gallardo KR**, Santa Maria D, Markham C, Narendorf S, Swartz M, Barman Adhikari A, & Hsu H. Human papillomavirus vaccination uptake among homeless young adults. Society for Behavioral Medicine 2019 Annual Meeting, March 6-10, 2019, Washington D.C. Poster presentation.
24. Wilkerson JM & **Gallardo KR**.† Teaching Future Teachers: An evaluation of a doctoral course to increase students' self-efficacy to teach health promotion and behavioral sciences theories. Society for Public Health Education's (SOPHE) 67th Annual Meeting, April 1, 2016, Charlotte, North Carolina. Oral presentation.
25. Santa Maria D, Padhye N, **Gallardo KR**, Johnson K, Swain H, Tortolero S, & Businelle M. Use of ecological momentary assessment to determine the relation between stress and sexual risk behaviors among homeless youth. 2016 State of the Science Congress of Nursing Research, September 15-17, 2016, Washington, D.C. Oral presentation.

Regional

1. Kirzner SJ,* Wilkerson JM, **Gallardo K**, McCurdy S, Rodriguez S, Whigham LD, Ruiz S. Program Evaluation and Study Protocol of a Culinary Curriculum for Substance Use Recovery Housing Residents. Texas Society of Public Health Education 2025 Conference, San Marcos, Texas, September 26-27, 2025. Poster presentation.
2. Neubauer MG,* Rodriguez SA, Silva J, **Gallardo KR**, McCurdy S, Wilkerson, JM. From Research to Practice: Health communication strategies for translating academic findings to communities. Texas Society of Public Health Education 2025 Conference, San Marcos, Texas, September 26-27, 2025. Poster presentation.
3. **Gallardo KR**, Wilkerson JM, Zoschke IN,* Stewart HLN,* Henry EA, Rodriguez SA, McCurdy SA. Recovery residence facilitators of medication assisted recovery: Resident perspectives. Texas Substance Use Symposium, Austin, TX, February 29-March 1, 2024, Poster presentation.
4. Akkala S,* Tang Y,* Rodriguez SA, **Gallardo KR**, McCurdy SA, Wilkerson JM. Density and capacity of substance use service providers in Texas. Texas Substance Use Symposium, Austin, TX, February 29-March 1, 2024, Poster presentation.
5. **Gallardo KR**, Wilkerson JM, Zoschke IN,* Stewart HLN,* Henry EA, Gillespie D, Rodriguez SA, McCurdy SA. Recovery residence facilitators of medication assisted recovery: Resident perspectives. Texas Substance Use Symposium, Austin, TX, February 29-March 1, 2024, Poster presentation.
6. Gillespie D,* Wilkerson JM, **Gallardo KR**, Zoschke IN,* Stewart HLN,* Rodriguez SA, McCurdy SA. Staff perspectives on resident needs in recovery homes serving people taking medications for opioid use disorder. Texas Substance Use Symposium, Austin, TX, February 29-March 1, 2024, Poster presentation.
7. McCurdy SA, **Gallardo KR**, Stewart HLN,* Zoschke IN,* Rodriguez SA,* Wilkerson JM. Moving from isolation to community: Finding refuge in social model of recovery homes. Texas Substance Use Symposium, Austin, TX, February 29-March 1, 2024, Poster presentation.
8. Stewart HLN,* Wilkerson JM, **Gallardo KR**, Zoschke IN,* Gillespie D,* Rodriguez SA, McCurdy S. "I had some misconceptions about what MAT was in the beginning": A qualitative exploration of shifting

attitudes towards medications for opioid use disorder within the recovery workforce. Texas Substance Use Symposium, Austin TX, February 29-March 1, 2024. Poster presentation.

9. Zoschke IN,* Wilkerson JM, Gillespie D,* Stewart HLN,* Blue JR,* **Gallardo KR**, Rodriguez S, McCurdy SA. Staff Perspectives on Recruiting and Retaining Successful House Managers in Recovery Residences Serving People in Medication Assisted Recovery. Accepted. Texas Substance Use Symposium, Austin TX, February 29-March 1, 2024. Poster presentation.
10. Anosike M,* McCurdy S, Castedo de Martell S, **Gallardo KR**, Kohl H, Wilkerson JM, & Zoschke IN. Comfort & willingness of substance use professionals to discuss sex/drug-linked behaviors with their clients: 2020 cross-sectional study. Texas Society for Public Health Education Annual Conference, Austin, TX, October 27-28, 2023. Oral Presentation.
11. Blue, J.,* Malish, C., Pena, M., Wheeler, S., Clark, Travis.,* Herrera E., **Gallardo, K.R.**, McCurdy, S., Wilkerson, JM. Beyond the retention protocol lessons learned about retaining individuals in substance use recovery. Texas Society of Public Health Education Annual Conference, Austin, TX, October 27-28, 2023. Oral presentation.
12. McCurdy S, **Gallardo KR**, Stewart H,* Isaacs C,* Zoschke N,* Wilkerson JM. A Home of Our Own: Residences for People taking Medication for Opioid Recovery. Texas Substance Use Symposium, San Antonio, TX, March 27-28, 2023. Poster presentation.
13. Stewart H.,* Wilkerson JM, **Gallardo KR**, Zoschke N,* McCurdy S. Texas Drug Policy: A Retrospective Analysis of the 87th Legislative Session. Texas Substance Use Symposium, San Antonio, TX, March 27-28, 2023. Poster presentation.
14. Zoschke IN,* Wilkerson JM, Stewart H,* **Gallardo KR**, McCurdy S. Tobacco Use in MOUD-Friendly Recovery Housing: Resident Experiences and Perceptions. Texas Substance Use Symposium, San Antonio, Texas, March 27-28, 2023. Poster presentation.
15. **Gallardo KR**, Wilkerson JM, Stewart H,* Zoschke N,* McCurdy S. Recovery Residences for Persons taking Medication for an Opioid Use Disorder: Residents' Perceptions of MOUD and MOUD utilization within the Recovery Residence Setting. Texas Substance Use Symposium, San Antonio, Texas, March 27-28, 2023. Poster presentation.
16. **Gallardo KR**, Wilkerson JM, Stewart H,* Zoschke N,* & McCurdy S. Residents' perceptions and experiences living in recovery residences for people using medication assisted treatment for an opioid use disorder. Texas Substance Use Symposium, Corpus Christi, TX, March 24-25, 2022. Poster presentation.
17. Wilkerson JM, Lawler SM, **Gallardo KR**, Howell J, & McCurdy S. Applying principles of community engagement to the opening of recovery residences in Texas: Lessons learned from Project HOMES. Texas Substance Use Symposium, April 29-30, 2021, Virtual Conference. Poster presentation.
18. Chandra M, McCurdy S, **Gallardo KR**, & Hailey D. Opioid is a symptom: Healthcare providers perspective on the opioid epidemic in Houston. UTHHealth School of Public Health Research Day, April 2, 2020, Houston, TX. Poster presentation

19. Santa Maria D, Narendorf S, Barman-Adhikari, Petering R, Flash C & **Gallardo KG**. Implications for PrEP uptake in homeless young adults: A mixed methods study. UTHHealth School of Nursing Research Day, June 9, 2017, Houston, TX. Poster presentation.
20. **Gallardo KR**, Fernandez-Esquer ME, Diamond PM. Predicting Latino day laborer's job injury risks: A structural equation model. UTHHealth School of Public Health Research Day, April 6, 2017, Houston, TX. Poster presentation.
21. **Gallardo KR**, Fernandez-Esquer ME, Diamond PM. Predicting Latino day laborers' reported job risks: A structural equation model. John P. McGovern Award Lecture Series Student Event: L. Kay Bartholomew Eldredge Student Poster Competition, March 9, 2017, Houston, TX. Poster presentation.
22. **Gallardo KR**, Butame S, Wilkerson JM. Health promotion pedagogy: Increase teaching self-efficacy among doctoral students. John P. McGovern Award Lecture Series Student Event: Health Promotion and Behavioral Sciences Student Poster Competition, February 16, 2016, Houston, TX. Poster presentation.
23. **Rosales KR**, Vasquez A, Perkins M, Gonzalez S. Parenting styles and online sexual activity. Poster Presentation: Southwestern Psychological Association Conference, April 2009, San Antonio, Texas. Poster presentation.
24. **Rosales KR**, Vasquez A, Perkins M, Gonzalez S. Parenting styles and online sexual activity. Poster Presentation: University of St. Thomas Undergraduate Research Symposium, April 2009, Houston, Texas. Poster presentation.
25. **Rosales KR**, Vasquez A, Scott B, Mohammed M. Financial thinking in college students scale. Poster Presentation: University of St. Thomas Undergraduate Research Symposium, April 2009, Houston, Texas. Poster presentation.
26. **Rosales KR**, Henry C, Burton, M. The effect of mediation on children's racial attitudes. Poster Presentation: University of St. Thomas Undergraduate Research Symposium, April 2008, Houston, Texas. Poster presentation

INVITED TALKS AND PRESENTATIONS

1. **Presenter**. Integrating MOUD Policies into Recovery Housing. Be Well Texas. The University of Texas Health Science Center San Antonio. Webinar, February 2025.
2. **Invited Moderator**. Are Housing First vs. Recovery Housing equivalent pathways to recovery? Empowering Change: How Can Evidence-Based Research Transform the Future of Recovery Residences? Virtual & Rockaway, New Jersey, September 11, 2024.
3. **Presenter**. Qualitative Research Methods. Baylor College of Medicine-Texas Medical Center Leadership Education in Adolescent Health Training Program. Webinar, January, 2023.
4. **Presenter**. MOUD-Friendly Housing with Project HOMES. Presenter. Be Well Texas. The University of Texas Health Science Center San Antonio. Webinar, March 2023.

5. **Panelist.** Careers in Psychology and Public Health. The University of St. Thomas, Houston, TX, March 2019.
6. **Panelist.** Program Planning and Careers in Public Health. Program Planning for the Health Professions course, University of Houston, Houston, TX, November, 2016.

HONORS AND AWARDS

2023-2025	JEAP Initiative Training Fellowship
2020	Delta Omega Public Health Honor Society
2018	L. Kay Bartholomew Eldredge Family Endowed Scholarship The University of Texas Health Science Center at Houston
2017	The University of Texas Health Science Center at Houston 2017 Research Day, 2 nd Place Winner
2016	First Generation Scholarship, Archer Fellow Alumni Association Archer Center Graduate Program in Public Policy
2016	Travel Scholarship, Archer Fellow Alumni Association Archer Center Graduate Program in Public Policy
2012	Phi Alpha Social Work Honor Society The University of Texas at Austin
2011-2012	Dean's Ambassador The University of Texas at Austin Steve Hicks School of Social Work
2009	University of St. Thomas Psychology Research Award University of St. Thomas
2009	Psi Chi Psychology Honor Society University of St. Thomas
2009	Southwestern Psychological Association (SWPA) Psi Chi Regional Research Award Southwestern Psychological Association
2005-2009	St. Thomas Academic Scholarship University of St. Thomas
2006-2009	St. Thomas Aquinas Dean's List University of St. Thomas
2008	Julia A. Schnapp Psychology Scholarship University of St. Thomas

TEACHING
Instructor of Record

Semester	Course	Role Credit hours	Students Instructor effectiveness
Spring 2025	Intro to Qual Research in Pub Hlt (PHM 5015)	Lead (100%) 2hrs	29 4.53
Spring 2024	Intro to Qual Research in Pub Hlt (PHM 5015)	Lead (100%) 2hrs	30 4.47
Fall 2023	Intro to Qual Research in Pub Hlt (PHM 5015)	Lead (100%) 2hrs	33 4.36
Fall 2022	Intro to Qual Research in Pub Hlt (PHM 5015)	Lead (100%) 2hrs	23 4.47

Courses Assisted

2019	PHM 1112 Community Assessment Methods in Public Health
2018-2020	PHM 5015 Introduction to Qualitative Research in Public Health
2016-2019	PHD 1118 Introduction to Qualitative Methods and Research
2019	PHD 1119 Advanced Qualitative Analysis
2018	PHD 2173 Research Design and Analysis
2015	PH1238 Adolescent Sexual Health

PROFESSIONAL EXPERIENCE

2016	Research Fellow , Homelessness Research Institute, National Alliance to End Homelessness, Washington, D.C.
2015-2020	Graduate Research and Graduate Teaching Assistant , The University of Texas Health Science Center at Houston School of Public Health, Department of Health Promotion and

Behavioral Sciences, Center for Health Promotion and Behavioral Sciences, Houston, Texas

- 2012-2014 **Supportive Services for Veteran Families (SSVF) Project Support Specialist**, The Salvation Army, Social Services Department, Houston, Texas
- SSVF Compliance and Program Manager**, The Salvation Army, Social Services Department, Houston, Texas
- SSVF Case Manager**, The Salvation Army, Social Services Department, Houston, Texas
- Fort Bend County Women's Center Housing Case Manager**, The Salvation Army, Social Services Department, Stafford, Texas
- 2012 **Independent Consultant**, Hope 4 Disability Consultants, MDRC, Houston, Texas
- 2012 **Social Work Intern**, Renal Department, Michael E. DeBakey Veterans Affairs Medical Center, Houston, Texas
- 2012 **Social Work Intern**, Inpatient Psychiatric Department, Michael E. DeBakey Veterans Affairs Medical Center, Houston, Texas
- 2010-2011 **Graduate Research Assistant**, The University of Texas at Austin, Steve Hicks School of Social Work, DiNitto Center for Career Services, Austin, Texas
- 2010-2011 **Social Work Intern**, Teen Parent Program, Round Rock Independent School District, Round Rock, Texas
- 2007-2008 **Psychology Intern**, Private Practice, David Quiroz, LCSW, LPC, Houston, Texas