## Nalini Ranjit, PhD

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> Nalini.Ranjit@uth.tmc.edu September 2020

## **BACKGROUND**

#### **EDUCATION AND TRAINING**

1993-1999	PhD Demography with minors in Epidemiology and Nutrition, Cornell
	University, Ithaca, NY
1992-1993	M.S. International Development, Cornell University, Ithaca, NY
1991-1992	M.S. Comparative Education, State University of New York, Buffalo, NY

#### PROFESSIONAL EXPERIENCE

2016 -	Associate Professor, Department of Health Promotion and Behavioral
	Sciences, (with Adjunct appointment in the Department of Epidemiology,
	Human Genetics and Environmental Science), University of Texas School of
	Public Health (UTHealth)
2014 -	Adjunct Faculty, Division of Nutrition, School of Human Nutrition,
	University of Texas, Austin
2009 -	Assistant Professor, Department of Health Promotion and Behavioral
	Sciences (Non-tenure track)
2008 - 2009	Faculty Associate, School of Public Health, University of Texas, Austin
	Regional Campus
2003 - 2008	Research Investigator, Center for Social Epidemiology and Population
	Health, University of Michigan, Ann Arbor, MI
2002 - 2003	Senior Research Associate, Center for Social Epidemiology and Population
	Health, University of Michigan, Ann Arbor, MI
1998 - 2001	Senior Research Associate, Alan Guttmacher Institute, New York, NY

### **HONORS AND AWARDS**

2015 Fellow, NHLBI-sponsored workshop on Strengthening Causal Inference in Behavioral Obesity Research, University of Alabama at Birmingham

2012	Invited to serve as a visiting professor for a one-year period at Birla Institute of Technology and Science, India (declined invitation)
2010	Obtained over 100 press mentions internationally in connection with published article in <i>Pediatrics</i>
2007	Obtained multiple press mentions in US press, including ABC News and CBS
	News, in connection with published article in Circulation
2007	Interviewed live on BBC Radio, and obtained over 200 press mentions
	internationally, in connection with published article in Archives of Internal
	Medicine
2005	Fellow, Ten Day Seminar on the Epidemiology and Prevention of
	Cardiovascular Disease sponsored by AHA
1996 - 1997	Population Council Fellowship, the Population Council
1991 - 1992	Awarded three year Presidential Fellowship, SUNY Buffalo

## RESEARCH AND SCHOLARLY WORK

#### RESEARCH AND ACADEMIC INTERESTS

- 1. Evaluation science and methods for complex interventions targeting nutrition and physical activity behaviors
- 2. Study design for dissemination and implementation; evaluation of policies and large-scale programs
- 3. Mechanisms generating socioeconomic and racial/ethnic disparities in health outcomes and health behaviors
- 4. Behavioral epidemiology for chronic disease outcomes
- 5. Statistical modeling of social phenomena and longitudinal processes
- 6. Mental health outcomes and care seeking among adolescents and young adults

#### SELECTED GRANTS AND AWARDS

## Approved awards:

Evaluation of Texas SB379 waiver (PI: Ranjit)

Funding Agency: Health and Human Services Commission (HHSC)

Funding Period: 10/01/2019 - 9/30/2024; Cost: \$1,381,990

Project Description: Funding to evaluate impacts of Texas SB379 policy restricting purchase of candy

and sugar-sweetened beverages using SNAP funds.

Role: Principal Investigator

#### **Current research:**

# Designing a multisite RCT to test a food is medicine intervention to prevent gestational diabetes among women at-risk (PI: Sharma)

Funding Agency: American Heart Association

Funding Period: 07/01/2025 - 06/30/2026; Cost: \$\$91,792.00

Project Description: Planning grant to pilot procedures and measures for a GDM prevention FIM

intervention; designed to provide preliminary data for a larger PCORI grant.

Role: Co-Investigator

#### **Evaluation of Texas SNAP-Ed** (PI: Ranjit)

Funding Agency: Health and Human Services Commission (HHSC)

Funding Period: 10/01/2019 – 9/30/2024; Cost: \$1,381,990

Project Description: Continuing funding to evaluate Texas-based agencies contracting with Health and Human Services to carry out SNAP-Ed activities; to examine the extent to which these agencies are meeting their evaluation requirements; and to provide recommendations for improving implementation and evaluation.

Role: Principal Investigator

# Enhancing the effectiveness of home-delivery based Produce Prescription program implementation strategies (PI: Ranjit)

Funding Agency: American Heart Association (AHA) Funding Period: 10/01/2023-10/31/2024; Cost: 447,000

Project Description: This is a quasi-experimental study to examine implementation parameters of a delivery-based Produce Prescription program targeting pregnant women seeking prenatal care at Harris Health Systems, Houston. Specifically, the project evaluates utilization patterns and amounts wasted of delivered produce; in addition, we evaluate if providing access to an interactive AI chatbot for cooking and food preparation assistance increases utilization.

Role: Principal Investigator

## Randomized Trial of a Data-driven Technical Assistance System for Drug Prevention

Coalitions (PI: Brown, L.D.) Funding Agency: NIH/NIDA

Funding Period: 09/2019 - 08/2024; Cost: \$2,914,642

Project Description: This is a community-randomized trial to test the overall effectiveness of Coalition Check-up, a lower cost Technical Assistance Strategy to support EBP implementation and prevention of substance use. Outcomes include measures of coalition capacity (team processes, network composition, and collaborative structure), implementation of EBPs, and youth substance use.

Role: Co-Investigator

Nurturing Healthy Teachers (PIs: Sharma and Ranjit)

Funding Agency: Vitamix Foundation

Funding Period: 03/01/2022 - 02/29/2024; Cost: \$335,672

Project Description: The goal of this study is to evaluate the impact of expanded food access + nutrition education on food security status and mental health outcomes among teachers of elementary school children in Houston, TX.

Role: Co-Principal Investigator

SFC Nutrition Incentive Program Pilot Study (PI: van den Berg)

Funding Agency: Sustainable Food Center (SFC)/Texas Health & Human Services Commission (HHSC)

Funding Period: 01/01/2025 - 08/31/2025; Costs: \$303,274

Project Description: This project seeks to evaluate the impacts of Double Up Food Books program on

subsequent fruit and vegetable purchases.

Role: Co-Investigator

#### Evaluation of MCO-Food Bank Food Rx among high risk pregnant mothers

Funding Agency: *Episcopal Health Foundation (EHF)* Funding Period: 03/01/2023 - 06/30/2025; Costs: \$249 063

Project Description: This project seeks to evaluate the impacts of a Food is Medicine program based on home delivery of medically tailored groceris on weight gain and pregnancy outcomes among high risk

pregnant mothers attending Community Health Choice clinics in Harris County, TX

Role: Co-Principal Investigator

#### SPAN 2021-2024 (PI: Hoelscher)

Funding Agency: Texas DSHS

Funding Period: 04/01/2021 – 08/31/2024; Cost: \$1,985,136

Project Description: The goal of this project is to determine the prevalence of obesity and overweight, as well as obesity-related behaviors such as diet and physical activity, among Texas public school students in grades 2, 4, 8, and 11 through the development, implementation, and analysis of School Physical Activity and Nutrition (SPAN) assessment for the 2019-2020 academic school year.

Role: Co-Investigator

## **Completed projects:**

A Prescription for Healthy Living (PIs: Sharma and Ranjit)

Funding Agency: Rockefeller Foundation

Funding Period: 10/01/2020 - 12/15/2022; Cost: \$516,076

Project Description: The goal of this study is to evaluate a Food Prescription program currently being implemented by the Houston Food Bank in conjunction with the Texas Medical Texas Children's Hospital Centers for Children and Women and Harris Health with a largely Hispanic patient population in Houston.

Role: Co-Principal Investigator

Promoting Healthy Children in a Healthy State (PI: Hoelscher)

Funding Agency: Michael & Susan Dell Foundation

Funding Period: 08/01/2018 - 07/31/2022

Project Description: The goal of this renewal of the Michael & Susan Dell Center for Healthy Living is to support a new, more pragmatic approach to using evidence to transform the health of children and families in Central Texas.

Role: Co-Investigator

The Del Valle Healthy Adolescent Project (PI: Springer)

Funding Agency: US HHS / City of Austin 10/01/2020 - 09/30/2023

Funding Period: 10/01/2020 - 9/30/2023; Cost: \$349,000

Project Description: The goal of this study is to evaluate teen pregnancy prevention project to be

implemented by the City of Austin in the Del Valle School District

Role: Co-Investigator

#### Evaluation of Create Healthy Futures Intervention (PI: Sharma)

Funding Agency: *Vitamix Foundation* Funding Period: 01/01/2019 – 12/31/2020

Project Description: The major goal of this project is to conduct a randomized controlled trial to evaluate an online worksite-based health promotion program to promote healthy behaviors among early care education center teachers.

Role: Co-Investigator (Evaluation Lead)

# Evaluating Food Access Strategies in Austin to Improve Healthy Food Consumption and Food Security (PI: Van den Berg)

Funding Agency: FFAR/Sustainable Food Center

Funding Period: 05/01/2018 - 04/30/2021

Project Description: The goal of this project is to measure the collective impact of strategies increasing healthy food access in low income communities. Data will be used to create an agent-based model which will be able to predict individuals' behaviors related to food purchasing and consumption.

Role: Co-Investigator

#### Evaluation of Texas SNAP-Ed, 2017-2019 (PI: Ranjit)

Funding Agency: Health and Human Services Commission (HHSC)

SPAN, 2015-2016. (PI: Hoelscher; Co-PIs: Perez and Ranjit)

Funding Agency: Texas Department of State Health Services, Maternal and Child Health

*Services.* (*Title V Funding approved*)

### GO! Austin/VAMOS! Austin Evaluation -Dove Springs Evaluation efforts UTSPH (Co-PIs:

Evans and Ranjit)

Funding Agency: Michael & Susan Dell Foundation

Increasing Community Reach and Capacity for Child Health. Michael and Susan Dell

Foundation (PI: Hoelscher)

Funding Agency: Michael & Susan Dell Foundation

Evaluating the effectiveness of a financial rewards-based weight loss strategy among

Hispanic adolescents: a pilot study (PI: Ranjit)

Funding Agency: Michael & Susan Dell Foundation

Using Family-Focused Garden, Nutrition, and Physical Activity Programs to Reduce

Childhood Obesity (PI: Evans)

Funding Agency: TX A&M Research Foundation / USDA

The impact of a coalition-driven, multi-component intervention on weight status, physical activity and healthy eating among economically disadvantaged (Co-PIs: Evans and Ranjit)

Funding Agency: City of Austin

Extending the collaborative evaluation of the Safe Routes to School and Women, Infants, and Children programs in Texas – University of Texas (PI: Hoelscher)

Funding Agency: RWJ

Lunch in the Bag: Packing More Fruit, Vegetables, Grain in Preschool Sack Lunches (PI:

Hoelscher)

Funding Agency: NIH

Food purchase behaviors among low-income mothers in Austin, TX (PI: Ranjit)

Funding Agency: Dell Foundation

The social and environmental context of consumption of sugar-sweetened beverage by high

school students (PI: Ranjit)

Funding Agency: UT School of Public Health (Pilot Award)

Socio-economic position, air pollution and infant mortality in the United States. (PI: Ranjit)

Funding Agency: UM RWJF HSSP/RWJF.

Comparative Analysis of the Temporal Trends in Stoke and CHD Mortality (PI: Ranjit).

Funding Agency: UM RWJF HSSP/RWJF.

Modeling the Socioeconomic Determinants of Disability Progression in the Elderly (PI: Ranjit)

Funding Agency: NIH/NIA Supplementary grant (funded through University of Michigan

Population Studies Center)

Fitness and Recreational Improvements at Dove Springs District Park (PI: Evans)

Funding Agency: St. David's Foundation

School Commercial Kitchens Capital Project (PI: Evans)

Funding Agency: St. David's Foundation

Evaluation of Marathon in-a-box and strategies for increasing parent involvement via school

organizing- Phase III (PI: Springer) Funding Agency: Marathon Kids

Colorado Active Play Project (PI: Springer)

Funding Agency: CSUFC

Central Texas CATCH Middle School project (PI: Kelder)

Funding Agency: Dell Foundation

Connecting Media Use and Development of Obesity across Childhood (PI: Vandewater)

Funding Agency: RTI

Designing the Social and Built Environment to Promote Children's Physical Activity During

School break time (PI: Springer)

Funding Agency: Michael & Susan Dell Foundation.

Evaluation of 3 Components of Sprouting Healthy Communities (PI: Evans)

Funding Agency: Sustainable Food Ctr / Dell Foundation

Marathon Kids Phase II Evaluation Plan: Evaluation of Strategies to Promote Fruit (PI:

Evans)

Funding Agency: Marathon Kids / Dell Foundation

**Urban Moms Book Initiative Qualitative Evaluation** (PI: Hoelscher)

Funding Agency: Michael & Susan Dell Foundation.

The impact of a multi-component intervention on weight status, Sprouting Healthy

**Communities** (PI: Evans)

Funding Agency: Sustainable Food Center / Dell Foundation

**SPAN 2009-2010** (PI: Hoelscher)

Funding Agency: Texas Dept of State Health Services (TDSHS)

**Dissemination of CATCH to Travis County Elementary Schools** (PI: Hoelscher)

Funding Agency: Michael & Susan Dell Foundation

An economic evaluation of increasing the scale of breakfast provision in Texas elementary

Schools (PI: Brown)

Funding Agency: Texas Department of Agriculture

MI Interdisciplinary Center on Social Inequality, Mind and Body (PI: Kaplan)

Funding Agency: NICHD 1R24HD047861-01

Epidemiological Relationship Between Herpes and Dementia (PI: Aiello)

Funding Agency: UM RWJF HSSP/RWJF

Michigan Interdisciplinary Center on Social Inequalities, Mind and Body (PI: Kaplan)

Funding Agency: NICHD (1P50HD38986-01)

#### **CONSULTING ASSIGNMENTS**

#### Common Threads

Period: 2014-2015

Role: Oversee data management, develop and implement analysis plan, respond to ad hoc

queries about analysis

#### ETR (Education, Training and Research) Associates

Period: 2010-2011

Role: Conduct and summarize results of massive data analysis relating to a school-level

intervention

#### University of Michigan at Ann Arbor

Period: 2009-2010

Role: Oversee quality control of all data analysis activities for an environmental epidemiology

study funded by CDC.

#### **PUBLICATIONS**

#### PEER REVIEWED MANUSCRIPTS

As of September 2024, cited  $\sim$ 8,000 times; Google Scholar h-index score = 44 (i10=100)

- 1. Sierra Castedo de Martell, Margaret B Moore, Hannah Wang, Lori Holleran Steiker, J Michael Wilkerson, Sheryl A McCurdy, Nalini Ranjit, H Shelton Brown III (2025). "Community-involved economic evaluation and development of a cost-effectiveness calculator for two peer-driven substance use interventions." Frontiers in Public Health 13: 1519980.
- 2. Ethan T Hunt, Allison N Marshall, Raja Malkani, Nalini Ranjit, Adriana Pérez, David J Badillo, Danielle J Gartner, Ashley Schelfhout, Vijay R Narayanan, Christopher D Pfledderer, Deanna M Hoelscher (2025). "Validation of the Texas School Physical Activity

- and Nutrition (SPAN) Dietary Index Against the Healthy Eating Index Among Elementary-Aged Students." Nutrients 17(12): 1965.
- 3. MinJae Lee, Belinda M Reininger, Kelley Pettee Gabriel, Nalini Ranjit, Larkin L Strong (2025). "Quantile regression based method for characterizing risk-specific behavioral patterns in relation to longitudinal left-censored biomarker data collected from heterogeneous populations." Journal of Applied Statistics 52(4): 779-813.
- 4. Sierra Castedo de Martell, Margaret Brannon Moore, Hannah Wang, Lori Holleran Steiker, J Michael Wilkerson, Nalini Ranjit, Sheryl A McCurdy, H Shelton Brown III (2025). "The cost-effectiveness of long-term post-treatment peer recovery support services in the United States." The American Journal of Drug and Alcohol Abuse 51(2): 180-190.
- 5. Adrienne T Hoyt, Anna V Wilkinson, Peter H Langlois, Carol A Galeener, Nalini Ranjit, Dana M Dabelea, Brianna F Moore (2025). "Prenatal exposure to tobacco and childhood cognition and behavior: Effect modification by maternal folate intake and breastfeeding duration." Child Psychiatry & Human Development 56(1): 12-22.
- 6. Sierra Castedo de Martell, J Michael Wilkerson, Nalini Ranjit, Lori Holleran Steiker, Sheryl A McCurdy, H Shelton Brown III. (2025). "What we know about the peer workforce and economic evaluation for peer recovery support services: a systematic review." Substance use & addiction journal 46(1): 90-102.
- 7. Kevin C Rix, Andrew E Springer, Katelyn Jetelina, Nalini Ranjit, Catherine C McDonald, Douglas J Wiebe, Thomas B Coopwood. (2024). "Association between e-scooter temporal usage patterns with injuries resulting in admission to a level one trauma center." The American journal of emergency medicine 85: 24-28.
- 8. Priya B Thomas, Deanna M Hoelscher, Nalini Ranjit, Eric C Jones, Jasper AJ Smits, Santiago Papini (2024). "Race and Ethnicity, Help-Seeking Behavior, and Perceptions of Mental Health Treatment Among College Students with Depression." Innovative Higher Education 49(5): 1015-1033.
- 9. Nivedhitha Parthasarathy, Nalini Ranjit, Ru-Jye Chuang, Christine Markham, Mike Pomeroy, Jacqueline Noyola, Deepali K Ernest, Shreela V Sharma (2024). "Changes in unhealthy food consumption among vulnerable elementary-aged children in the United States during the COVID-19 pandemic: a serial cross-sectional analysis." Frontiers in Nutrition 11: 1468767.
- 10. Christopher D Pfledderer, Denver M Brown, Nalini Ranjit, Andrew E Springer, Raja I Malkani, Deborah Salvo, Deanna M Hoelscher (2024). "Examining associations between physical activity context and children meeting daily physical activity guidelines: the role of outdoor play, sports, and other organized activities." Frontiers in Public Health 12: 1352644.
- 11. Kathryn M Janda, Deborah Salvo, Nalini Ranjit, Deanna M Hoelscher, Aida Nielsen, Pablo Lemoine, Joy Casnovsky, Alexandra van den Berg (2024). "Who shops at their nearest grocery store? A cross-sectional exploration of disparities in geographic food access among

- a low-income, racially/ethnically diverse cohort in central Texas." Journal of hunger & environmental nutrition 19(3): 355-375.
- 12. Shreela V Sharma, Mackenzie Senn, Angela Zieba, Miao Tang, Ru-Jye Chuang, Courtney Byrd-Williams, Mike Pomeroy, Azar Gaminian, Jill Cox, Katherine French, Nalini Ranjit (2024). "Design, protocol and baseline data of Nurturing Healthy Teachers, a cluster non-randomized controlled trial to improve the health, well-being, and food security of preschool and elementary school teachers in Houston, Texas." Preventive Medicine Reports 40: 102674.
- 13. Sierra Castedo de Martell, J Michael Wilkerson, Jason Howell, H Shelton Brown III, Nalini Ranjit, Lori Holleran Steiker, Sheryl A McCurdy (2024). "The peer to career pipeline: an observational study of peer worker trainee characteristics and training completion likelihood." Journal of substance use and addiction treatment 159: 209287.
- 14. Christopher D Pfledderer, Nalini Ranjit, Adriana Pérez, Raja I Malkani, Augusto César Ferreira De Moraes, Ethan T Hunt, Carolyn L Smith, Deanna M Hoelscher (2024). "Using the nutrition facts label to make food choices is associated with healthier eating among 8th and 11th-Grade students: an analysis of statewide representative data from the 2019–2020 Texas school physical activity and nutrition survey." Nutrients 16(2): 311.
- 15. Pfledderer, C. D., et al. (2024). Associations between context and children meeting physical activity guidelines: the role of outdoor play and organized sports. Annals of Behavioral Medicine, Oxford Univ Press, Inc, Cary, NC, USA
- 16. Ejezie CL, Ayieko S, Anunobi P, Oladoyin O, Defeu S, Ranjit N. Skin bleaching: A socioecological perspective. British Journal of Dermatology. 2024 (In Press)
- 17. Dennis Ogeto Nyachoti, Nalini Ranjit, Ryan Ramphul, Leah D Whigham, Andrew E Springer (2023). "Association of Social Vulnerability and COVID-19 Mortality Rates in Texas between 15 March 2020, and 21 July 2022: An Ecological Analysis." International Journal of Environmental Research and Public Health 20(21): 6985.
- 18. Nalini Ranjit, David J Badillo, Deanna M Hoelscher, Sarah Macias, Alejandra Gonzalez, Anna V Wilkinson. (2023). "Racial/Ethnic Differences in Physical Activity in a Low-Income Sample in Texas." Journal of Physical Activity and Health 21(1): 22-28.
- 19. Sarvenaz Vandyousefi, Nalini Ranjit, Matthew J Landry, Matthew Jeans, Reem Ghaddar, Jaimie N Davis (2023). "Dietary Psychosocial Mediators of Vegetable Intake in Schoolchildren from Low-Income and Racial and Ethnic Minority US Families: Findings from the Texas Sprouts Intervention." Journal of the Academy of Nutrition and Dietetics 123(8): 1187-1196. e1181.
- 20. Adrienne T Hoyt, Anna V Wilkinson, Peter H Langlois, Carol A Galeener, Nalini Ranjit, Dana M Dabelea, Brianna F Moore (2023). "Sunspot activity and birth defects among Texas births (1999–2016)." Birth Defects Research 115(12): 1120-1139.

- 21. Christine ES Jovanovic, Deanna M Hoelscher, Baojiang Chen, Nalini Ranjit, Alexandra E van den Berg (2023). "The associations of plant-based food and metabolic syndrome using NHANES 2015–16 data." Journal of Public Health 45(1): e22-e29.
- 22. Lynn N Ibekwe, Maria Eugenia Fernández-Esquer, Sandi L Pruitt, Nalini Ranjit, Maria E Fernández (2023). "Associations between perceived racial discrimination, racial residential segregation, and cancer screening adherence among low-income African Americans: a multilevel, cross-sectional analysis." Ethnicity & health 28(3): 313-334.
- 23. Nalini Ranjit, Jennifer N Aiyer, Jack D Toups, Esther Liew, Kenia Way, Henry Shelton Brown, John Wesley McWhorter, Shreela V Sharma (2023). "Clinical outcomes of a large-scale, partnership-based regional food prescription program: results of a quasi-experimental study." BMC Research Notes 16(1): 13.
- 24. Allison N Marshall, Nalini Ranjit, Alexandra van den Berg, Montana Gill, Deanna M Hoelscher (2023). "Associations between variety of fruits and vegetables consumed, diet quality and socio-demographic factors among 8th and 11th grade adolescents in Texas." Public Health Nutrition 26(2): 351-362.
- 25. John Wesley McWhorter, Jennifer N Aiyer, Nalini Ranjit, Jack Toups, Esther Liew, Jemima C John, Shreela V Sharma (2023). "Perspectives of health care staff on predictors of success in a food prescription program: a qualitative study." Preventing Chronic Disease 20: E02.
- 26. **Ranjit N**, Nielsen A, Akhavan N, et al. Outcomes of a community-wide health intervention in a low-income, primarily Hispanic community: The Go! Austin/Vamos! Austin (GAVA) Initiative. *Health Promotion Practice*. 2022;23(1):185-194.
- 27. Raber M, **Ranjit N**, Strong LL, Basen-Engquist K. Home cooking quality assessment tool validation using community science and crowd-sourcing approaches. *Journal of Nutrition Education and Behavior*. 2022;54(5):465-474.
- 28. Marshall AN, **Ranjit N**, van den Berg A, Gill M, Hoelscher DM. Associations between variety of fruits and vegetables consumed, diet quality, and sociodemographic factors among 8th and 11th grade adolescents in Texas. *Public Health Nutrition*. 2022:1-25.
- 29. Janda KM, **Ranjit N**, Salvo D, et al. Examining Geographic Food Access, Food Insecurity, and Urbanicity among Diverse, Low-Income Participants in Austin, Texas. *International Journal of Environmental Research and Public Health*. 2022;19(9):5108.
- 30. Hunt ET, **Ranjit N**, Brazendale K, Burkart S, Brown D, Hoelscher D. Examining the Association of Second Grade Children's Sleep and Screen Time Recommendations. *Journal of Applied Research on Children: Informing Policy for Children at Risk*. 2022;13(1):6.
- 31. Mofleh D, Chuang R-J, **Ranjit N**, Cox JN, Anthony C, Sharma SV. A cluster-randomized controlled trial to assess the impact of a nutrition intervention on dietary behaviors among early care and education providers: The Create Healthy Futures study. *Preventive Medicine Reports*. 2022;28:101873.

- 32. Robbins RN, Serra M, **Ranjit N**, Hoelscher DM, Sweitzer SJ, Briley ME. Efficacy of various prescribed vitamin D supplementation regimens on 25-hydroxyvitamin D serum levels in long-term care. *Public Health Nutrition*. 2022;25(1):82-89.
- 33. Zhang Y, Janda KM, **Ranjit N**, Salvo D, Nielsen A, van den Berg A. Change in Depression and Its Determinants during the COVID-19 Pandemic: A Longitudinal Examination among Racially/Ethnically Diverse US Adults. *International Journal of Environmental Research and Public Health.* 2022;19(3):1194.
- 34. Janda KM, Salvo D, **Ranjit N**, et al. Who shops at their nearest grocery store? A cross-sectional exploration of disparities in geographic food access among a low-income, racially/ethnically diverse cohort in central Texas. *Journal of Hunger & Environmental Nutrition*. 2022:1-21.
- 35. Classen S, Szeszulski J, **Ranjit N**, Rivas-Ponce G, Hoelscher DM. Coordinated Health in Texas Elementary Schools' Campus Improvement Plans: Analysis of Regional Differences and Trends between 2016 and 2020. *International journal of Environmental Research and Public Health*. 2022;19(9):4979.
- 36. Bejarano G, Brayton RP, **Ranjit N**, Hoelscher DM, Brown D, Knell G. Weight status and meeting the physical activity, sleep, and screen-time guidelines among Texas children: results from a population based, cross-sectional analysis. *BMC Pediatrics*. 2022;22(1):1-9.
- 37. Salvo D, Lemoine P, Janda KM, **Ranjit N**, Nielsen A, van den Berg A. Exploring the Impact of Policies to Improve Geographic and Economic Access to Vegetables among Low-Income, Predominantly Latino Urban Residents: An Agent-Based Model. *Nutrients*. 2022;14(3):646.
- 38. Obinwa U, Pasch KE, Jetelina KK, **Ranjit N** et al. Restricting Tobacco Retail Outlets Around Middle and High Schools as a Way to Reduce Tobacco Marketing Disparities: A Simulation Study. *Nicotine & Tobacco Research*. 2022.
- 39. Springer AE, Castro V, Ruiz F, Luna E, Martinez K, McGhee S, **Ranjit N** et al. Interweaving Adult Fitness Classes Into Community Settings Via Stronger Austin's Community Partnership Model: Increasing Access to Physical Activity and Positive Social Connectedness in Underserved Communities. *Family & Community Health*. 2022;45(2):125-135.
- 40. Obinwa U, Pasch KE, Jetelina KK, **Ranjit N** et al. A simulation of the potential impact of restricting tobacco retail outlets around middle and high schools on tobacco advertisements. *Tobacco Control*. 2022;31(1):81-87.
- 41. Marshall AN, Chuang R-J, Chow J, **Ranjit N** et al. Food insecurity among low-income households with children participating in a school-based fruit and vegetable co-op. *Children*. 2022;9(8):1250.
- 42. Jovanovic CE, Whitefield J, Hoelscher DM, Chen B, **Ranjit N**, van den Berg AE. Validation of the FRESH Austin food frequency questionnaire using multiple 24-h dietary recalls. *Public Health Nutrition*. 2022;25(6):1586-1594.

- 43. Ibekwe LN, Fernández-Esquer ME, Pruitt SL, **Ranjit N**, Fernández ME. Associations between perceived racial discrimination, racial residential segregation, and cancer screening adherence among low-income African Americans: a multilevel, cross-sectional analysis. *Ethnicity & Health*. 2022:1-22.
- 44. Hoyt AT, Wilkinson AV, Langlois PH, Galeener CE, **Ranjit N** et al. Prenatal exposure to tobacco and adverse birth outcomes: effect modification by folate intake during pregnancy. *Maternal health, neonatology and perinatology*. 2022;8(1):1-10.
- 45. Janda, K. M., **Ranjit, N.**, Salvo, D., Nielsen, A., Lemoine, P., Casnovsky, J., & van den Berg, A. (2021). Correlates of Transitions in Food Insecurity Status during the Early Stages of the COVID-19 Pandemic among Ethnically Diverse Households in Central Texas. Nutrients, 13(8), 2597.
- 46. Johnson, A. M., Gabriel, K. P., **Ranjit, N.**, Kohl, H. W., & Springer, A. E. (2021). In-School, Out-of-School, and Weekend Physical Activity Levels Vary Across Sociodemographic Subgroups of US Adolescents. Journal of Physical Activity and Health, 1(aop), 1-8.
- 47. Jovanovic, C., Whitefield, J., Hoelscher, D., Chen, B., **Ranjit, N.**, & van den Berg, A. (2021). Validation of the FRESH Austin Food Frequency Questionnaire Using Multiple 24-hour Dietary Recalls. Public Health Nutrition, 1-26.
- 48. Mofleh, D., **Ranjit, N.**, Chuang, R.-J., Cox, J. N., Anthony, C., & Sharma, S. V. (2021). Peer Reviewed: Association Between Food Insecurity and Diet Quality Among Early Care and Education Providers in the Pennsylvania Head Start Program. Preventing Chronic Disease, 18.
- 49. Robbins, R. N., Serra, M., **Ranjit, N**., Hoelscher, D. M., Sweitzer, S. J., & Briley, M. E. (2021). Efficacy of various prescribed vitamin D supplementation regimens on 25-hydroxyvitamin D serum levels in long-term care. Public Health Nutrition, 1-8.
- 50. Sachdev, P. K., Freeland-Graves, J., Ranjit, N., & Babaei, M. (2021). Role of Dental Nutrition Knowledge and Socioecological Factors in Dental Caries in Low-Income Women. Health Education & Behavior, 10901981211004149.
- 51. Sanchez R., **Ranjit N**., Kelder SH., Gill M., & Hoelscher DM. (2021). Intention to lose weight and use of electronic cigarettes among adolescents. Preventive Medicine Reports, 23, 101406.
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#### **BOOK CHAPTERS**

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#### ORAL PRESENTATIONS AND POSTERS

### **Invited Presentations/Workshops**:

Warren JL, Evans AE, **Ranjit N**, McIntosh WA, Hoelscher DM, McKyer ELJ. Texas GROW! EAT! GO! Using Family-focused Garden, Nutrition and Physical Activities to Prevent Childhood Obesity: Preliminary Results from Cohort 1. Southeastern Conference (SEC) Symposium: Prevention of Obesity: Overcoming a 21st Century Public Health Challenge, Atlanta, GA. September 22, 2014.

Evans A, **Ranjit N**, Rutledge R, Medina J, Jennings R, Smiley A, Smiley A, Stigler M, Hoelscher D. Environmental interventions targeting school food environments can increase fruit and vegetable consumption among adolescents. Oral Presentation at the 2012 ISBNPA conference, Austin, May 2012 (part of an international symposium).

#### **Presentations at Professional Conferences:**

Presenter or co-author at over 70 oral and poster presentations presented at 8 conferences since 2010.

## **TEACHING**

## **Courses Taught**

YEAR	COURSE NAME AND	ROLE	MODE	# OF
	NUMBER			STUDENTS
2023	Introduction to Data	Sole Instructor	Online	6
2022	Management in Stata	C I ( (F00/)	TTT 7	20
2023	Research Design & Analysis: Behavioral Science, 1420 (4 cr)	Co-Instructor (50%)	ITV	30
2023	Obesity, Nutrition and Physical Activity Seminar, 1237 (1 cr)	Lead Instructor (50%)	ITV	8
2023	Introduction to Data  Management in Stata	Sole Instructor	Online	6
2023	Program Evaluation	Co-Instructor (50%)	ITV	35
2022	Introduction to Data  Management in Stata	Sole Instructor	Online	6
2022	Research Design & Analysis: Behavioral Science, 1420 (4 cr)	Co-Instructor (50%)	ITV	30
2022	Obesity, Nutrition and Physical Activity Seminar, 1237 (1 cr)	Lead Instructor (50%)	ITV	8
2022	Introduction to Data  Management in Stata	Sole Instructor	Online	6
2022	Program Evaluation	Co-Instructor (50%)	ITV	35
2021	Research Design & Analysis: Behavioral Science, 1420 (4 cr)	Co-Instructor (50%)	ITV	30
2021	Obesity, Nutrition and Physical Activity Seminar, 1237 (1 cr)	Lead Instructor (50%)	ITV	8
2021	Introduction to Data  Management in Stata		Online	6
2021	Program Evaluation	Co-Instructor (50%)	Webex	35
2020	Obesity, Nutrition and Physical Activity Seminar, 1237 (1 cr)	Lead Instructor (50%)	ITV	15
2020	Research Design & Analysis: Behavioral Science, 1420 (4 cr)	Co-Instructor (50%)	ITV	38
2019	Obesity, Nutrition and Physical Activity Seminar, 1237 (1 cr)	Lead Instructor (50%)	ITV	12
2019	Research Design & Analysis: Behavioral Science, 1420 (4 cr)	Co-Instructor (50%)	ITV	15

2018	Obesity, Nutrition and Physical	Lead Instructor (50%)	ITV	16
	Activity Seminar, 1237 (1 cr)			
2018	Research Design & Analysis:	Co-Instructor (50%)	ITV	18
	Behavioral Science, 1420 (4 cr)			
2017	Obesity, Nutrition and Physical	Lead Instructor (50%)	ITV	14
	Activity Seminar, 1237 (1 cr)			
2017	Research Design & Analysis:	Co-Instructor (50%)	ITV	20
	Behavioral Science, 1420 (4 cr)			
2016	Obesity, Nutrition and Physical	Lead Instructor (50%)	ITV	14
	Activity Seminar, 1237 (1 cr)	, ,		
2016	Research Design & Analysis:	Co-Instructor (50%)	ITV	18
	Behavioral Science, 1420 (4 cr)			
2015	Obesity, Nutrition and Physical	Lead Instructor (50%)	ITV	23
	Activity Seminar, 1237 (1 cr)			
2015	Research Design & Analysis:	Co-Instructor (50%)	ITV	17
	Behavioral Science, 1420 (4 cr)	, ,		
2014	Obesity, Nutrition and Physical	Lead Instructor (50%)	ITV	13
	Activity Seminar, 1237 (1 cr)	,		
2014	Research Design & Analysis:	Co-Instructor (50%)	ITV	13
	Behavioral Science, 1420 (4 cr)			
2013	Obesity, Nutrition and Physical	Lead Instructor (50%)	ITV	10
	Activity Seminar, 1237 (1 cr)			
2013	Research Design & Analysis:	Co-Instructor (50%)	ITV	18
	Behavioral Science, 1420 (4 cr)			
2012	Obesity, Nutrition and Physical	Co-Instructor (33%)	ITV	12
	Activity Seminar, 1237 (1 cr)	, ,		
2012	Research Design & Analysis:	Co-Instructor (50%)	ITV	26
	Behavioral Science, 1420 (4 cr)	, ,		

In addition, I annually conduct bootcamps for HPBS students prior to their taking preliminary exams. Finally, I regularly teach guest lectures in the Public Health Nutrition course and the Doctoral Seminar course for HPBS students.

### Advisor or member of thesis or dissertation committee

Have served or am serving as primary advisor or committee member to over 50 MPH students, and over 50 doctoral students at UTHealth, and have been external committee member to 10 doctoral students at UT Austin.

## Individual study, practicum, thesis and dissertation research

Taught over 250 credit hours of individual study, practicum, thesis and dissertation research to over 100 students, from 2010 to date.

## **SERVICE**

#### **EXTERNAL PROFESSIONAL SERVICE**

#### MENTORED STUDENTS OUTSIDE UTSPH

Since 2012, I have served as reader, formal advisor, or informal advisor on undergraduate student thesis and internships for six undergraduate students from outside UTSPH, including CPRIT summer interns, and UT Austin Plan II Honors students working in the area of public health. I have also served on dissertation committees of 10 doctoral students outside UTHealth. Currently, I am serving as Research Mentor of a post-doctoral fellow funded through a T32 grant at the Population Research Center, UT Austin.

#### **GRANTS AND ABSTRACTS REVIEW**

Since 2012, I have annually reviewed abstracts for ASPH, APHA, SBM and /or ISBNPA meetings. I have also served as an invited grants reviewer for NIH (Time-Sensitive Obesity Policy and Program Evaluations); for the National Medical Research Council, Ministry of Health, Singapore; and most recently, for the Dutch Research Council (NWO).

## ASSOCIATE EDITOR FOR PEER-REVIEWED JOURNALS

PLOS One, BioMed Central Public Health

## AD HOC REVIEWER FOR PEER-REVIEWED JOURNALS

American Journal of Public Health; Annals of Behavioral Medicine; Annals of Epidemiology; Appetite; Archives of Internal Medicine; Atherosclerosis, Thrombosis and Vascular Biology; BMJ Open; BioMed Central Psychology; British Journal of Nutrition; Childhood Obesity; European Journal of Preventive Cardiology; European Journal of cardiovascular disease prevention and rehabilitation; Health Education and Behavior; Health Psychology; International Journal of Behavioral Nutrition and Physical Activity; International Journal of Environmental Research and Public Health; Journal of Adolescent Health; Journal of the Academy of Nutrition and Dietetics; Journal of Psychosomatic Medicine; Journal of Women's health; Nutrients; Nutrition Journal; Pediatrics; PLOS One; Preventive Medicine; Psychosomatic Medicine; Public Health Nutrition; Psychoneuroendocrinology; Social Science and Medicine

#### INTERNAL PROFESSIONAL SERVICE

2012 to 2018: Director, Data and Methods Core:

2020 to 2022 (ongoing): Member, Executive Committee, UTHealth Austin Campus

2012 to 2022 (ongoing): Serving on HPBS Preliminary Exam Committee

2017 to 2022 (ongoing): Serving on Curriculum Committee, HPBS

2018 to 2020: Serving on Austin Admissions Committee

2018 to 2019 (ongoing): Serving on Austin Academic and Student Affairs Committee

2019 to 2020: Served on three different Faculty Search Committees

2017: Served on Faculty Council

In addition, I have, since 2012, served as a mentor to Dell Health Scholars (doctoral students); between 2015-2017, mentored three Postdoctoral Fellows, and starting 2020, I am mentoring two Assistant Professors.