

CURRICULUM VITAE

Serwaa S. Omowale, PhD, LMSW, MPH

Assistant Professor

The University of Texas Health Science Center at Houston (UTHealth Houston)
School of Public Health
1930 Old Spanish Trail
Houston, TX 77054
Serwaa.S.Omowale@uth.tmc.edu

EDUCATION

Postdoctoral Fellow 2023

University of California, San Francisco, San Francisco, CA
Department of Obstetrics, Gynecology & Reproductive Sciences and
California Preterm Birth Initiative
School of Medicine
NIH/NICHD (T32HD098057)

Doctor of Philosophy (PhD) 2021

University of Pittsburgh, School of Social Work, Pittsburgh, PA

Master of Public Health (MPH) 2021

University of Pittsburgh, School of Public Health, Pittsburgh, PA
Concentration: Behavioral and Community Health Sciences

Master of Social Work (MSW) 2008

University of Pittsburgh, School of Social Work, Pittsburgh, PA
Concentration: Direct Practice

Graduate Certificate in Gerontology 2008

University of Pittsburgh, School of Social Work, Pittsburgh, PA

Bachelors of Arts (BA) 2005

Georgia State University, College of Arts & Sciences, Atlanta, GA
Major: African American Studies

ACADEMIC POSITIONS

Assistant Professor, Tenure Track 2023-Present

The University of Texas Health Science Center at Houston
Department of Management, Policy & Community Health
• Affiliate, Center for Healthy Communities

Adjunct Professor, College of Social Work 2021-2023

University of Tennessee, Knoxville

RESEARCH INTERESTS

Women's health across the lifespan; maternal and infant health; aging and gerontology; employment and maternal health; health disparities affecting women and families; behavioral interventions to address health disparities and improve health outcomes; community-based approaches to intervention development, implementation science in maternal health interventions; global women's health.

PEER REVIEWED PUBLICATIONS (*Indicates student authorship)

1. **Omowale, S. S.**, Cottrell-Daniels, C., Miller, K. *, Jones, L., Jones, T., Chand, M., ... & Kuppermann, M. (2025). Community-based approaches to developing a community-level intervention to improve Black maternal and infant health. *Maternal and Child Health Journal*, 1-7. DOI: [10.1007/s10995-025-04183-7](https://doi.org/10.1007/s10995-025-04183-7)
2. Sanders, S. A., **Omowale, S. S.**, Casas, A., Kiyanda, A., Kosbie, A. S., Lai, Y. H., ... & Méndez, D. (2025). Completion rates for ecological momentary assessments of food intake during pregnancy and postpartum: Descriptive study. *JMIR Human Factors*, 12(1), e67081. DOI: [10.2196/67081](https://doi.org/10.2196/67081)
3. Luvuno, Z., Chiya, W. H., Ngcobo, S. J., Naidoo, D., **Omowale, S. S.**, Zhandire, T., Joseph-Shehu, E. M., Ncama, B. P., & Duma, S. E. (2025). Risk and protective factors associated with teenage pregnancy and intergenerational interventions: A scoping review protocol. *BMJ Open*, 15(6), e094710. DOI: [10.1136/bmjopen-2024-094710](https://doi.org/10.1136/bmjopen-2024-094710)
4. Slatton, B. C., Cambrice, F. G., & **Omowale, S. S.** (2025). COVID-19 vaccine hesitancy among Black women in the US. *JAMA Network Open*, 8(1), e2453511-e2453511. DOI: [10.1001/jamanetworkopen.2024.53511](https://doi.org/10.1001/jamanetworkopen.2024.53511)
5. Méndez, D. D , Tapia, A., Manda, Sanders, S. A, Casas, A., Small, M., Davis, E., Rathbun, S. L, Gary-Webb, T. L., Burke, L. E., **Omowale, S. S.**, Wallace, M. L., Adodoadji, L., Gianakas, J., Feghali, M. (2025). Real-time experiences of racism and stress in association with postpartum weight retention: A longitudinal ecological momentary assessment study. *American Journal of Epidemiology*, kwae424. DOI: [10.1093/aje/kwae424](https://doi.org/10.1093/aje/kwae424)
6. **Omowale, S. S.**, Mangum, L. C., Joseph-McCatty, A., Cottrell-Daniels, C., Farris, K. A. *, King, R., & Slatton, B. C. (2024). Work as a social determinant of maternal health: A qualitative exploration of college-educated Black women's experiences at work during pregnancy and postpartum. *Women's Health*, 20, 17455057241304842. DOI: [10.1177/17455057241304842](https://doi.org/10.1177/17455057241304842)
7. Ashcraft, L. E., Hamm, M. E., **Omowale, S. S.**, Hruschak, V., Miller, E., Eack, S. M., & Merlin, J. S. (2024) The perpetual evidence-practice gap: addressing ongoing barriers to chronic pain management in primary care in three steps. *Frontiers in Pain Research*, 5, 1376462. DOI: [10.3389/fpain.2024.1376462](https://doi.org/10.3389/fpain.2024.1376462)
8. **Omowale, S. S.**, Gary-Webb, T. L., Wallace, M. L., Wallace, J. M., Rauktis, M. E., Eack, S. M., & Méndez, D. D. (2022). Stress during pregnancy: An ecological momentary assessment of stressors among Black and White women with implications for maternal

health. *Women's Health (London, England)*, 18, 17455057221126808.
DOI: [10.1177/17455057221126808](https://doi.org/10.1177/17455057221126808)

9. Fussell-Ware, D. J., Ballentine, K., Flores, A., Mangum, L. C., **Omowale, S. S.**, MacKenzie, K., ... & Ashcraft, L. E. (2022). Using the consolidated framework for implementation research to promote anti-racism in social work higher education. *Advances in Social Work*, 22(2), 680-702. DOI: [10.18060/24936](https://doi.org/10.18060/24936)
10. Felder, J. N., Afulani, P. A., Coleman-Phox, K., **Omowale, S. S.**, McCulloch, C. E., Lessard, L., & Kuppermann, M. (2022). Pregnancy-related covid worry, depressive symptom severity, and mediation through sleep disturbance in a low-income, primarily Latinx population in California's Central valley. *Journal of Psychiatric Research*. DOI: [10.1016/j.jpsychires.2022.11.019](https://doi.org/10.1016/j.jpsychires.2022.11.019)
11. **Omowale, S. S.**, Casas, A., Lai, Y., Sanders, S. A., Hill, A. V., Wallace, M. L., Rathbun, S. L., Gary-Webb, T. L., Burke, L. E., Davis, E. M., Méndez, D. D. (2021). Trends in stress throughout pregnancy and postpartum period during the covid-19 pandemic: Longitudinal study using ecological momentary assessment and data from the postpartum mothers mobile study. *JMIR Mental Health*, 8(9), e30422. DOI: [10.2196/30422](https://doi.org/10.2196/30422)

REVISE AND RESUBMIT

1. Shaw, R. A., Perales-Puchalt, J., Burns, J., Key, M., Silveira L. S., Anderson, K., **Omowale, S. S.**, Sharma, V.S., Barton, K., Andrade, E., Robinson, M., Sprague, S., Vidoni, D. E. MyAlliance for brain health: Implementation science to advance translational science in Alzheimer's disease. Revise and Resubmit in Journal of Clinical and Translational Science

UNDER REVIEW

1. Gao, J., Gallegos, G. A., Ademu, L. O., Griffin, B. C., Zhang, Y., & **Omowale, S. S.** Digital health engagement and utilization of nutrition information in food purchasing decisions: A national cross-sectional study. Under Review in BMC Public Health
2. Gao J., **Omowale S. S.**, Aguilera J., Griffin B. C., Zhang Y., Radford B. J., Windett J. H. Cancer Information Burden and Perceived Social Isolation Among U.S. Cancer Survivors: A Pooled Cross-Sectional Study of HINTS 2022 and 2024. JMIR Preprints. 10/08/2026:109097 DOI: [10.2196/preprints.109097](https://doi.org/10.2196/preprints.109097)

MANUSCRIPTS IN PREPARATION

1. **Omowale, S. S.**, Samiat, A.*, Emeto, C.*, Farris, K.*, King, R., Cottrell-Daniels, C., Slatton, B. C. Advocating for early mental health engagement to improve Black mother's perinatal mental health.
2. **Omowale, S. S.**, Emeto, C.*, Samiat, A.*, Farris, K.*, Ojo, R.*, King, R., Cottrell-Daniels, C. "I don't think that six weeks is sufficient": Improving workplace environments through Black mothers' recommendations for maternal health.

3. **Omowale, S. S.**, Tapia, A., Wallace, J. M., Rauktis, M. E., Eack, S. M., Gary-Webb, T. L., Wallace, M. L., Burke, L. E., Davis, E., Méndez, D. D. A longitudinal ecological momentary assessment of work stress during pregnancy and postpartum.

FELLOWSHIPS AND OTHER FUNDING

LEAD Global Health Fellow Funder: National Institute on Minority Health and Health Disparities (T37MD014218: MPI: Cavazos-Rehg, Ssewamala) Training Sites: Washington University in St. Louis (U.S.)/Uganda and University of KwaZulu-Natal in South Africa Total Award: \$10,000	2024
Health Disparities Research Institute Scholar Funder: National Institute on Minority Health and Health Disparities	2023
Center for Interventions to Enhance Community Health Fellow Funder: University of Pittsburgh, School of Social Work/Psychiatry Total Award: \$1,500	2020-2021
Tsheloane Keto Fellow Funder: National Council for Black Studies Total Award \$2,500	2018-2020
John A. Hartford Partnership Program for Aging Education Fellow Funder: University of Pittsburgh, School of Social Work Total Award: \$3,168	2007-2008

GRANTS & CONTRACTS

PENDING

Funder: National Institutes of Health K01 Mentored Research Scientist Development Award [Submitted June 2026] Project Title: Leveraging Ecological Momentary Intervention to Improve Cardiovascular Health in Postpartum Women with Adverse Pregnancy Outcomes Role: Principal Investigator , Effort 75%	2027-2032
Funder: National Institutes of Health Project Title: Accelerating Collaboration and Shared Decision Making for Menopause and Multiple Chronic Conditions Role: Co-Investigator of sub-contract , Effort 5%	2027-2032
Funder: National Center for Chronic Disease Prevention & Health Promotion Project Title: UTHealth Houston-Led Adoption and Uptake Network for	2026 - 2031

Catalyzing Healthy Brains (LAUNCH)

Role: **Co-Investigator**, Effort 4%

Funder: National Institutes of Health

2026-2031

Project Title: Surrogacy Policy Environments and Health Outcomes for Mothers, Infants, and Surrogates in the United States

Role: **Co-Investigator**, Effort 10%

ACTIVE FUNDING

Funder: National Institutes of Health/National Institute on Minority

2025-2027

Health and Health Disparities Loan Repayment Program (LRP) Renewal

Project Title: The SWADDLE Study: Improve Maternal and Infant Health

Role: **Principal Investigator**

Total Award: \$99,253

Funder: UTHealth Houston

2026

Project Title: Community-Based Adaptation of the U.S. POINTER Lifestyle Intervention for Dementia Prevention in Older Adults with Diabetes in Texas

Role: **Multiple Principal Investigator**, Effort 0%

Total Cost: \$50,000

Funder: UTHealth Houston Global Health Initiatives

2025-2026

Project Title: An Analysis of Factors Driving Teenage Pregnancy in Rural KwaZulu-Natal, South Africa

Role: **Principal Investigator**, Effort 0%

Total Cost: \$12,000

COMPLETED FUNDING

Funder: National Institutes of Health /National Institute on Minority

2023-2025

Health and Health Disparities Loan Repayment Program (LRP)

Project Title: Enhanced Doula and Social Work Support to Improve Maternal and Infant Health for Black Families Study

Role: **Principal Investigator**

Total Award: \$100,000

Funder: National Institutes of Health/National Institute of Child Health and Human Development

2021-2023

T32 grant (HD098057, PI: Miriam Kuppermann)

University of California, San Francisco

Role: **Postdoctoral Fellow**

Total Cost: \$100,700

Funder: California Preterm Birth Initiative

2021-2023

University of California, San Francisco

Project Title: Enhanced Doula and Social Work Support to Improve Maternal and Infant Health for Black Families Study

Role: **Principal Investigator**

Total Cost: \$15,725

2022

Funder: Department of Family and Community Medicine

University of California, San Francisco

Project Title: Enhanced Doula and Social Work Support to Improve Maternal and Infant Health for Black Families Study

Role: **Principal Investigator**

Total Cost: \$2,000

Funder: National Institutes of Health/ National Heart, Lung, and Blood Institute

2019-2021

Research Supplement, R01 HL135218-03S1

Postpartum Mothers Mobile Study (R01HL135218, PI: Dara Méndez)

University of Pittsburgh

Role: **Doctoral Student**

Total Cost: \$83,808

SELECTED HONORS AND AWARDS

Leadership Award

2024

LEAD Global Training Program Fellow

Washington University in St. Louis

Distinguished Alumni Award

2017

Georgia State University, Department of African American Studies

INVITED & PEER REVIEWED PRESENTATIONS (*Indicates student authorship)

Conference Presentations (Oral)

Accepted Panel

1. **Omowale, S. S.**, Ajibola, S. *, Parker-Schauer, M., Farris, K. * (2026, November). The Swaddle Study: Integrating Social Workers and Doulas to Improve Black Maternal and Infant Health (Accepted panel presentation.) American Public Health Association Annual Meeting, San Antonio, TX

International

1. **Omowale, S. S.**, Farris, K. *, Emeto, C. *, King, R. (2025). Advocating for early mental health engagement to improve Black mother's perinatal mental health in the United States. Marcé of North America conference in Toronto, Canada.
2. **Omowale, S. S.** (2024) Using implementation science to develop a community-based perinatal mental health intervention. International Marcé Society for Perinatal Mental Health conference in Barcelona, Spain.

Domestic

1. **Omowale, S. S.**, Paker-Schauer, M., McClain-Henry, S., Slatton, B. (2025). Building community collaboration to develop a population-specific intervention to improve Black maternal and infant health. Postpartum Health Equity: Bridging Gaps in the Forth Trimester. Pittsburgh, PA.
2. **Omowale, S. S.** (2023) Work as a social determinant of health: Centering the perspectives of Black women during pregnancy and postpartum. Society for Social Work and Research Conference. Phoenix, AZ.
3. **Omowale, S. S.**, Casas, A., Lai, Y., Sanders, S. A., Hill, A.V., Wallace, M. L., Rathbun, S. L., Gary-Webb, T. L., Burke, L. E., Davis, E. M., Méndez, D. D. (2021) A longitudinal analysis of stress during the covid-19 pandemic in a pregnant and postpartum population. American Public Health Association. Denver, CO. Presented Virtually.
4. **Omowale, S. S.** (2020) Workplace stress and discrimination: The experiences of Black women at work during pregnancy and postpartum. American Public Health Association. Presented Virtually.
5. **Omowale, S. S.** (2019) Reconsidering risk: Racial differences in maternal health and low birth weight among college-educated Black and White women. Society for Social Work and Research. San Francisco, CA.

Panel Presentations

1. **Omowale, S. S.** (2026) Employment as a social determinant: Work-related stress, economic inequality, and maternal health in Black women. Labor and Employment Relations Association (LERA) 78th Annual Meeting. Minneapolis, MN.
2. **Omowale, S. S.**, Olaniyan, A., Méndez, D. D. (2021) Listen to Black voices: Black maternal and infant health equity. American Sociological Association. Presented Virtually.
3. **Omowale, S. S.**, Fussell-Ware, D., Thyberg, C. (2021) Using the consolidated framework for implementation research to promote anti-racism in academia. Council on Social Work Education. Orlando, FL.

Symposia Presentations

1. Sampson, M., Boyd, R., Walton, Q., **Omowale, S. S.**, Parker, A. (2021). Towards a health equity narrative for Black maternal health and well-being. Society for Social Work and Research. Presented Virtually.
2. **Omowale, S. S.** (2020) A Black feminist approach to measuring maternal psychological distress. Society for Social Work and Research. Washington, D.C.

Conference Presentations (Poster)

1. **Omowale, S. S.** (2020) Using geographic information systems technology in social work education. Council on Social Work Education. Presented Virtually.
2. Ashcraft, L. E., Hamm, M., **Omowale, S. S.**, Hruschak, V., Miller, E., Eack, S., Merlin, J. (2020) Dissemination and implementation of chronic pain evidence among primary care providers: A qualitative study. Academy Health 13th Annual Conference on the Science of Dissemination and Implementation in Health. Presented Virtually.

Invited Speaker

1. Great Age on the Green. Healthy Brain Aging: A Recipe for a Stronger Brain. (2026) Houston, TX
2. Whole Minds, Whole Mothers Symposium (2026) Shaped by Innovation Panel Hosted by The Hackett Center for Mental Health. Houston, TX
3. Empowering Maternity: Navigating Maternal Health, Raising Our Voices, and Improving Access in Unserved Communities (2024) Virtual panel hosted by PEP!IN.
4. Overcoming Barriers: Transforming Black Maternal Health Through Research (2024) Virtual panel hosted by Alliance of Community Health Plans.
5. Research in Our Community and the Impact on Black Maternal & Mental Health (2023) Black Maternal Mental Health Summit Hosted by Shades of Blue Project. Houston, TX.
6. The State of Black Maternal Mental Health Virtual Roundtable (2022) Black Maternal Mental Health Week Hosted by Shades of Blue Project.
7. Mendéz, D. D. & **Omowale, S. S.** (2018) Maternal mortality review: Lessons learned from Texas and insight for Pennsylvania. Healthy Start Cheryl Squire Flint Cultural Sensitivity Symposium: *This Woman's Work*. Pittsburgh, PA
8. **Omowale, S. S.** (2018). Centering Black women's health. Healthy Start Cheryl Squire Flint Cultural Sensitivity Symposium: *This Woman's Work*. Pittsburgh, PA

PEDAGOGICAL TRAINING

Achievement in Teaching Pedagogy Badge
University of Pittsburgh
Center for Teaching and Learning

2019

TEACHING EXPERIENCE

Instructor
UTHealth Houston School of Public Health
PHM3620 Principles and Practice of Public Health
Master's Level Course

Fall 2025

Instructor UTHHealth Houston School of Public Health PHD3620 Principles and Practice of Public Health Doctoral Level	Fall 2025
Instructor UTHHealth Houston School of Public Health PHM3620 Principles and Practice of Public Health Master's Level Course	Fall 2024
Instructor UTHHealth Houston School of Public Health PHD3620 Principles and Practice of Public Health Doctoral Level	Fall 2024
Instructor University of Tennessee, Knoxville College of Social Work SW 572: Evidence-based Policy and Practice with Older Adults Master's Level Course	Spring 2023
Instructor University of Tennessee, Knoxville College of Social Work SW 563: Systematic Planning and Evaluation for Interpersonal Practice Master's Level Course	Spring 2023
Instructor University of Tennessee, Knoxville College of Social Work SW 563: Systematic Planning and Evaluation for Interpersonal Practice Master's Level Course	Fall 2022
Instructor University of Tennessee, Knoxville College of Social Work SW 538: Social Justice and Anti-oppressive Practice Master's Level Course	Spring 2022
Teaching Assistant University of Pittsburgh School of Social Work SWRES 2033: Evaluation Research Master's Level Course	Fall 2019
Instructor University of Houston African American Studies Program AAS: 4440 Model African Union Seminar Bachelor's Level Course	Fall 2016

ADDITIONAL TEACHING EXPERIENCE

Integrative Learning Experience: Nya Millender (MPH student) UTHealth Houston	2026
Practicum Mentor: Rhanna Wilson (MPH student) UTHealth Houston	2025
Independent Study: Chidera Emeto (DrPH student) UTHealth Houston	2025
Invited Guest Lecture, Topic: Planning & Program Development Master of Social Work Course Boston University School of Social Work, Boston, MA	2023
Facilitator for University of Pittsburgh School of Medicine Clinical Experience Course Book Club Reading of Medical Apartheid for Medical Students	2020
Facilitator for University of Pittsburgh School of Medicine Clinical Experience Women's Health Workshop for Medical Students	2020
Invited Guest Lecture, Topic: Aging Services Aging and Mental Health Psychology Course University of St. Thomas, Houston, TX	2014
Invited Guest Lecture, Topic: Aging Services Aging and Mental Health Psychology Course University of St. Thomas, Houston, TX	2013

STUDENT ADVISEE/MENTORING

UTHealth Houston School of Public Health (Current)

Adrick Harris (DrPH, Dissertation committee)
Chidera Emeto (DrPH, Dissertation committee)
Rhoda Ojo (PhD, Dissertation committee)
Dana Santana (DrPH program advisor)
MyKayla Searles-Houston (DrPH program advisor)
Ariel Amaya Quintanilla (MPH program advisor)
Hira Umer (MPH program advisor)
Stephanie Bolden (MPH program advisor)
Ella Beene (MPH program advisor)
Charles Nweze (MPH program advisor)
Perrine Zarra (MPH program advisor)

UTHealth Houston School of Public Health (Past)

Kaiya Farris (PhD, Dissertation committee), Graduated Spring 2026
Rakima Parson (PhD, Dissertation committee), Graduated Summer 2025

Rhanna Wilson (MPH program advisor), Graduated Fall 2025

UTHealth Houston School of Public Health Student Supervisee

Samiat Ajibola (Graduate Research Assistant), 2026

Kaiya Farris (Graduate Research Assistant), 2023-2025

Yunuen Cacique-Borja (Teaching Assistant), Fall 2025

Aysha Zahidie (Teaching Assistant), Fall 2024

University of Tennessee, Knoxville, College of Social Work (External)

Shanicqua Richardson (PhD, Dissertation committee)

Informal Mentoring (Current)

Kobi Miller (PhD student, University of Maryland, Counseling Psychology)

Davonte Lyons (PhD candidate, Howard University, African Studies)

PROFESSIONAL LICENSE

Licensed Master Social Worker (LMSW)

2011-Present

Texas State Board of Social Worker Examiners

PROFESSIONAL SOCIAL WORK EXPERIENCE

Social Worker II

2013-2015

Harris Health System, Houston, TX

Conducted psychosocial assessment, intervention, and care coordination in Labor & Delivery, high-risk obstetrics, the Neonatal Intensive Care Unit (NICU), and geriatric short-term rehabilitation settings. Conducted comprehensive biopsychosocial assessments using evidence-based screening tools to identify patient needs, develop treatment plans, and coordinate referrals while ensuring regulatory compliance. Collaborated with multidisciplinary teams and community organizations, trained master's-level social workers and community health workers, and supported federally funded research through patient enrollment and data collection.

Care Manager and Elder Care Counselor

2011-2013

Neighborhood Centers Inc., Houston, TX

Provided comprehensive biopsychosocial assessment, counseling, and care planning for older adults and their caregivers, connecting clients with long-term care services and community resources to improve quality of life.

Medical Social Worker

2010-2011

Amedisys Home Health, Atlanta, GA

Provided comprehensive biopsychosocial assessment, care planning, and care coordination for patients in home settings, collaborating with interdisciplinary teams to support recovery and achieve rehabilitation goals.

Senior Service Coordinator	2010-2011
<i>The Family Center of South DeKalb, LLC., Decatur, GA</i>	
Supervised a multidisciplinary team providing intensive case management services to adults with severe mental illness while overseeing care coordination and discharge planning.	

Care Coordinator	2009-2010
<i>Visiting Nurse Health System, Atlanta, GA</i>	
Collaborated with an interdisciplinary healthcare team, including a nurse coordinator, to develop, implement, and monitor individualized care plans for older adult clients.	

Care Manager	2008-2009
<i>Southwestern Connecticut Agency on Aging, Bridgeport, CT</i>	
Provided geriatric case management by assessing, monitoring, and evaluating clients' physical health, mental health, and home environments to develop individualized plans of care that promoted safety and quality of life.	

PDA Wavier Specialist	2007-2008
<i>Diversified Care Management, Cranberry Township, PA</i>	
Conducted comprehensive in-home assessments to determine eligibility and level of care for community-based aging services through the Allegheny County Area Agency on Aging.	

<u>HIGHER EDUCATION EXPERIENCE</u>	2015-2017
Program Manager	
<i>University of Houston, African American Studies Program, Houston, TX</i>	
Coordinated academic and community programming for the African American Studies Program, including planning and implementing educational, cultural, and service-focused events.	

<u>SERVICE TO THE PROFESSION</u>	
Journal Reviewer: Social Work in Mental Health	2026
Journal Reviewer: Stress and Health	2026
Grant Report Reviewer: PCORI	2026
Journal Reviewer: Journal of Racial and Ethnic Health Disparities	2025
Journal Reviewer: Maternal and Child Health Journal	2024
Journal Reviewer: Health Equity	2024
Journal Reviewer: BMJ Open	2023
Conference Abstract Reviewer	2022
American Public Health Association (APHA)	
Journal Reviewer: Ethnicity and Disease	2022
Conference Volunteer	2018-2019
Society for Social Work and Research (SSWR)	

UNIVERSITY SERVICE

Women/Maternal Health Research Interest Mentoring Group	Lead mentoring group for UTHealth Houston and external students	2024-Present
UTHealth Houston, School of Public Health Community Health Practice Track	Preliminary Exam Committee Member	2024-Present
UTHealth Houston, School of Public Health Community Health Practice Track	MPH/DrPH Admission Committee Member	2023-Present
University of California, San Francisco	First Generation Support Services Role: Mentor to first generation graduate student	2022-2023
University of California, San Francisco	Underrepresented Postdocs Realizing an Inclusive Scientific Environment (UPRISE), Leadership Team	2022-2023
University of Pittsburgh, School of Social Work	Doctoral Student Organization, Secretary	2018-2019
University of Pittsburgh, School of Social Work	International Studies Committee Member	2017-2020
University of Houston, African American Studies Program	Model African Union Conference, Student Advisor	2016-2017
University of Houston, African American Studies Program	Ankh Maat WEDU Honor Society, Student Advisor	2016-2017

COMMUNITY AND PUBLIC SERVICE

The Harris Center for Mental Health and IDD	Educational Presentation Title: Perinatal Mental Health: Strategies for Mental Health Professionals	2025
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March of Dimes-Houston	Collective Impact Economic Independence Workgroup	2024-Present
Alliance for Community Health Plans PCORI Funded Project: Establishing a Research Agenda to Reduce Toxic Stress and Increase Maternal Health Equity	Leadership Committee Member	2023
CityMatCH Equity Institute for Birth Outcomes, Allegheny County	Project Mentor	2020-2021
Healthy Start Pittsburgh Healthy Babies Zone Initiative	Research Team	2019-2020
Allegheny County Infant Mortality Collaborative	Executive Member and Research Lead	2017-2020

TRAININGS AND PROFESSIONAL DEVELOPMENT

Multiphase Optimization Strategy (MOST) Training NYU School of Public Health CADIO Academy		2026
Institute for Implementation Science Workshop UTHealth Houston		2025
Study Designs for Intervention Research in Real-World Settings course University of California, San Francisco		2022
Center for AIDS Research Monthly Mentoring Workshops University of California, San Francisco		2021-2023
Early Career Reviewer Program Mentor: Jonathan B. Singer, PhD, LCSW Journal of the Society for Social Work and Research		2021-2023
Intensive Longitudinal Methods Statistical Horizons		2020
Multilevel Models Course 38 th Annual Graduate Summer Institute Johns Hopkins Bloomberg School of Public Health		2020

Graduate Mentoring Workshop on African American Research 2018
University of Michigan, School of Social Work

Maternal and Child Health Equity Scholars 2018-2021
University of Pittsburgh, School of Public Health
Mentor: Dara D. Méndez, PhD, MPH

Certificates

Digital Storytelling Online Certificate Program 2023
The Story Center

Mixed Methods in Research Online Certificate Program 2022
University of Michigan, School of Social Work

Social Work Leadership Institute Certificate of Completion 2008
New York Academy of Medicine and John A. Hartford Foundation

PROFESSIONAL ORGANIZATION MEMBERSHIPS

Academy Health

American Public Health Association

American Heart Association

Society for Research in Child Development

Society for Social Work and Research