**Physical Activity and Health**

This certificate provides opportunities and training for students to focus on physical activity assessment, epidemiologic methods, intervention planning, physiologic mechanisms and health outcomes, and policy development. This certificate also focuses on the possible causes and consequences of physical inactivity on health in individuals and populations and provides hands-on opportunities for skills development in the areas of measurement, intervention, and environmental and policy change.

|  |  |  |  |
| --- | --- | --- | --- |
| Name: |  | Student ID Number: |  |
| **Degree-Seeking Students Certificate Requirements** |
| Course | Credits | Title | Semester & Year | Grade | Notes |
| **Required Courses** |
| *9 credit hours*  |  |
| PH 5400 | 3 | Physical Activity Assessment and Surveillance |  |  |  |
| PH 5401 | 3 | Physical Activity & Public Health Practice |  |  |  |
| PH 2735L | 3 | Physical Activity and Health: Epidemiology and Mechanisms |  |  |  |
| **Total Credits** | **9** |  |

*For course availability, including online offerings, please reference the* [*Course Rotation Schedule*](https://web.sph.uth.edu/student-forms/Academic_Requirements/Schedule%20of%20Classes/Reference.Course_Rotation.pdf) *and the* [*Interactive Course Schedule*](https://web.sph.uth.edu/course/CourseSchedule)*.*

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**Physical Activity and Health Faculty**

To view faculty research interests and CVs, please access the Faculty Directory at <https://sph.uth.edu/faculty/>.

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