**Doctor of Philosophy: Environmental Science**

*Total Worker Health Track*

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| Name: |  | Student Number: |  |  |
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| Course | Credits | Tile | Semester & Year | Grade |
| **Leveling and Other Required Courses** *(see planning note 1)* |
| Public Health 101  | 0 | PH 101 Foundations in Public Health *(required for all students; see planning note 2)*  |  |  |
| PHM 1110L | 3 | Health Promotion & Behavioral Sciences in Public Health |  |  |
| PHM 1700L | 3 | Intermediate Biostatistics  |  |  |
| PHM 2110L | 3 | Public Health Ecology and the Human Environment |  |  |
| PH 2175L | 3 | Toxicology I: Principles of Toxicology |  |  |
| PHM 2612L | 3 | Epidemiology I |  |  |
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| Course | Credits | Tile | Semester & Year | Grade | Corresponding Competencies |
| **Environmental Science Major Courses** |
| *8 credit hours* | *Competencies* |
| PHD 2105L | 1 | EOHS Doctoral Seminar *(taken twice; see planning note 3)* |  |  | PhD-T2 |
| PHD 2105L | 1 | EOHS Doctoral Seminar *(taken twice; see planning note 3)*  |  |  | PhD-T2 |
| PHWD 2106L | 2 | Introduction to Doctoral Research Methods in EOHS |  |  | PhD-T2, PhD-T4 |
| PH 2245 | 4 | Fundamentals of Industrial Hygiene |  |  | PhD-T3 |
| **Total Worker Health Track Required Courses** |
| *16 credit hours* | *Competencies* |
| PH 2205L | 3 | Health and Safety Program Management and Leadership |  |  | PhD-T5 |
| PH 2241L | 3 | Fundamentals of Occupational Safety |  |  | PhD-T3  |
| PHW 2256 | 2 | Occupational Health Psychology |  |  | PhD-T5 |
| PH 2270L | 2 | Total Worker Health and Worker Well-being |  |  | PhD-T1, PhD-T2, PhD-T4 |
| PHD 2271 | 3 | Total Worker Health Field Experience |  |  | PhD-T6 |
| PHWD 2760L | 3 | Occupational Epidemiology |  |  | PhD-T3 |
| **Minor: Health Promotion and Behavioral Sciences** |
| *9 credit hours* |  |
| PHD 1113L | 3 | Advanced Methods for Planning and Implementing Health Promotion Programs |  |  | PhD-T5 |
| PHD 1120L | 3 | Program Evaluation |  |  |  |
| PHD 1122L | 3 | Health Promotion Theory for Individuals and Groups |  |  | PhD-T5 |
| **Breadth: Worker-centered Well-being***(see planning note 4)* |
| *12 credit hours of selected required coursework* |  |
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| **Dissertation** |
| *3 credit hours**(see planning note 5)* |  |
| PHD 9999 | 3 | Dissertation Research |  |  | PhD-T6 |
| **Total Credits** *(see planning note 6)* | **48** |  |

*For course availability, including online offerings, please reference the* [*Course Rotation Schedule*](https://web.sph.uth.edu/student-forms/Academic_Requirements/Schedule%20of%20Classes/Reference.Course_Rotation.pdf) *and the* [*Interactive Course Schedule*](https://web.sph.uth.edu/course/CourseSchedule)*.*

**Planning Notes:**

**Planning Note 1 (Leveling Courses):** Students may be required to complete additional leveling coursework based on their academic history. Students should discuss with their faculty advisor to identify which courses might be needed for academic success. In some instances, required leveling courses may be indicated in the student’s offer of admission. *Academic credits from leveling courses do not count towards the total required number of credits for the degree program.*

**Planning Note 2 (PH 101):** This course is required for all students enrolled in the PhD in Environmental Sciences, Total Worker Health Track. This course is an online, not-for-credit course that covers the Foundational Knowledge Competencies set forth by CEPH. Students will be added to the course in Canvas during their first semester. Students must complete the course within one year of matriculation.

**Planning Note 3:** Students enrolled in the PhD in Total Worker Health are required to complete *PHD 2105L EOHS Doctoral Seminar* twice for a total of 2 credit hours.

**Planning Note 4 (Breadth):** Students are required to complete a 12 credit hour worker-centered well-being breadth from the following courses:

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| *12 credit hours of selected required coursework* | *Competencies* |
| PH 1236 | 2 | *Issues in Aging* |  |  |  |
| PH 1410L | 3 | *Addiction and Society* |  |  |  |
| PH 2246L | 3 | *Principles of Occupational Ergonomics* |  |  |  |
| PHWD 2835 | 3 | *Injury Epidemiology* |  |  |  |
| PHD 2845L | 3 | *Nutritional Epidemiology* |  |  |  |
| PHD 2762L | 3 | *Environmental Epidemiology* |  |  |  |
| PHD 3810 | 3 | *Health Policy in the U.S.* |  |  |  |
| PHD 3910 | 3 | *Health Economics* |  |  |  |
| PH 3737L | 3 | *Cost-effectiveness for Public Health Interventions* |  |  |  |
| PH 5220 | 3 | *Gender and Leadership* |  |  |  |
| *Students may take one of the following courses as part of the breadth requirement* |  |
| PH 5400 | 3 | *Physical Activity Assessment and Surveillance* |  |  |  |
| PHD 5402L | 3 | *Social & Behavioral Aspects of Physical Activity* |  |  |  |
| PH 2735L | 3 | *Physical Activity & Health: Epidemiology & Mechanics* |  |  |  |

**Planning Note 5 (Dissertation):** A minimum of 3 credit hours of dissertation is required. A maximum of 6 credit hours of dissertation will count towards the degree requirement.

**Planning Note 6 (Total Credits):** Completion of a prescribed course of study of at least one (1) academic year and a minimum of at least 48 semester credit hours. A maximum of six (6) semester credit hours of dissertation count toward the minimum 48 credit hours. If the student chooses to elect a practicum, no more than three (3) credit hours of practicum and three (3) credit hours of dissertation count toward the minimum of 48 credit hours. Therefore, at least 42 credit hours of courses other than practicum or dissertation must be successfully completed.

***Planner must be completed in collaboration with and signed by the faculty advisor. Changes to planned coursework may be made and submitted to the faculty advisor for approval. Students must submit their final completed degree planner with the evaluation report the semester before their anticipated graduation.***

**Advising Notes:**

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| **Approvals:** |  |  |  |  |
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| *Student, Printed* |  | *Student, Signature* |  | *Date* |
| *Faculty Advisor, Printed* |  | *Faculty Advisor, Signature* |  | *Date* |